

Dromen

拍数: 64 墙数: 4 级数: Phrased Improver
编舞者: Claudia Arndt (DE) - July 2023
音乐: Alleen Om Van Te Dromen - Steffany



Note: The dance begins after 32 beats with the use of singing
Sequenz: AA BB; AA BB*; BB**

Part/Teil A (4 wall)

A1: Samba across r + l, point forward r, point side r, point forward r, flick r

1&2 Right foot cross over left - step left with left and weight back to right foot
3&4 Cross left foot over right - step right with right and weight back to left foot
5-6 Tap the right toe at the front - Tap the right toe on the right
7-8 Tap the tip of the right foot at the front - Push the right foot backwards

A2: Locking shuffle forward r + l, step, pivot ¼ l, shuffle across

1&2 step forward with right - cross left foot behind right and step forward with right
3&4 step forward with left - cross right foot behind left and step forward with left
5-6 step forward with right - 1/4 turn left on both balls, weight at the end left (9 o'clock)
7&8 Right foot cross far over left - Small step to the left with left and right foot cross far over left

A3: Side, hold & side, touch L+R

1-2 step left with left - Hold
&3-4 Put your right foot next to your left and step left with your left - tap your right foot next to your left
5-6 step to the right with right - Hold
&7-8 Move left foot to right and step right with right - Left foot next to right tap

A4: Rolling vine l, rolling vine r with close

1-4 3 steps to the left, making a full turn to the left (l - r - l) - Tap RF next to LF
5-8 3 steps to the right, making a full turn to the right (r - l - r) - approaching LF to RF

Part/Part B (4 wall; starts the 1st time towards 6 o'clock)

B1: Scuff-scoot-step r + l, out, out, coaster step

1&2 Swing RF forward, let the hoe grind on the ground - Slide forward a little on the left ball of the foot/right Raise knees and step forward with right
3&4 Swing LF forward, let the hoe grind on the ground - Slide forward a little on the right bale/left Raise your knees and step forward with your left
5-6 step diagonally right front with right - Small step to the left with left
7&8 step backwards with the right - put your left foot on the right and take a small step forward with the right

B2: Rock forward, coaster step, rock forward, shuffle back turning ½ r

1-2 step forward with left - weight back to the right foot
3&4 step backwards with the left - put your right foot up to the left and take a small step forward with the left
5-6 step forward with right - weight back to the left foot
7&8 1/4 turn to the right and step to the right with right - put left foot on the right, 1/4 turn right around and step forward with right (12 o'clock)

(Restart for B*: direction 3 o'clock - stop after '5-6', on '7-8': '1/2 turn to the right and stomp right foot forward - left foot next to right stomp' and continue dancing with part B - 9 o'clock)

B3: Scuff-scoot-step l + r, out, out, coaster step

1-8 Same as step sequence B1, but starting with the left in a mirror image

B4: Rock forward, coaster step, rock forward, shuffle back turning $\frac{3}{4}$ l

1-2 step forward with right - weight back to the left foot

3&4 step backwards with the right - put left foot on the right and small step forward with the right

5-6 step forward with left - weight back to the right foot

7&8 1/4 turn to the left and step left with left - 1/4 turn to the left and apply RF to LF as well as 1/4 Turn left and step forward with left (3 o'clock)

(End for B**: The dance ends after '5-6' - direction 12 o'clock; at the end '1/2 turn left and step forward with left - 1/2 turn left and RF next to left tap')

Last Update: 15 Feb 2024
