

# Stanna Tiden (Stop the Time)

COPPERKNOB  
BY STEPHEN

拍数: 72      墙数: 1      级数: Intermediate  
编舞者: Magnus Gustafsson (SWE) - July 2023  
音乐: Stanna tiden - Callinaz



Intro: 8 counts

Sequence : A , A up to count 4 section 4 (L forward), B , A , A up to count 4 section 4 (L forward), B , A section 1+2 , Tag (8 counts), B , Cross left over unwind to front

## Part A

### Section 1 - Walk, sweep, walk, sweep, cross, side cross, sweep

1-2            L Forward ,Sweep right  
3-4            R Forward , Sweep left  
5-8            L cross over , R to side , Left Cross behind , R sweep front to back 12.00

### Section 2 - Cross, Side, Cross , ¼ right , 1/2 right, ½ sweep, point , hitch

1-4            R cross behind, L to side , Right cross front, ¼ right stepping L back  
5              ½ right stepping R forward  
6              ½ right sweeping R  
7              Point L to side  
8              Hitch L 03.00

Tag happens here

### Section 3 - Walk, Walk , Walk, ½ right , ½ right , ½ sweep , step , press

1 -3            L forward , R forward , L forward  
4-6            ½ left stepping R back, ½ left stepping L forward , ½ left Sweeping R  
7-8            R forward , Press L forward 09.00

### Section 4 - Sway, sway, sway, walk, walk,walk, ½ left, ¼ sweep hitch

1-3            Sway back on R ,Sway forward on L , Sway back on R  
4-6            L forward , R forward ,L forward 09.00  
7-8            ½ left stepping R back , continue ¼ left sweeping left ending with L hitch 12.00

## Part B

### Section 1 (start at KL 09.00) - Walk, Walk, ½ step turn, ½ turn, ½ turn, ½ turn, ½ turn

1-4            R forward, L forward , R forward ½ turn L stepping on L 03.00  
5-8            ½ left R back, ½ left L forward, ½ left R back , ½ left L forward 03.00

### Section 2 - ½ sweep, Cross rock, side , cross rock , side, hitch

1              ½ left sweeping R 09.00  
2-3            R cross rock , back on L  
4-8            R to side , L cross rock , back on R , L to side, R hitch

### Section 3 - ½ monteray, step diagonally, cross rock, side , hitch

1-3            Point R to side , ½ right touch R beside left , L point to side  
4-8            L diagonal forward , R cross rock , back on left, R to side, L hitch 03.00

### Section 4 - ½ monteray,step diagonally, cross rock, side , hitch

1-3            Point L to side, ½ left touch L beside right, R point to side  
4-8            R diagonal forward, L cross rock , back on R , L to side , R hitch 09.00

### Section 5 - Walk, Walk, Walk, ½ turn, ¼ rock step, side , hitch

1-4 Walk forward R , L, R, L  
5-8 ½ left stepping R back , ¼ left rocking L to side , R to side , L hitch 12.00

**Tag 03.00**

**Step, hold, hold, hold, sway, sway, sway, step**

1 L forward  
2-4 hold  
5-8 Sway back on R ,Sway forward on L , Sway back on R, L forward

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