

# Disconova

COPPER KNOB  
BY SHEETS

拍数: 64      墙数: 2      级数: Intermediate  
编舞者: Sobrielo Philip Gene (SG), Rebecca Lee (MY), Laura Bartolomei (FR), Jacelyn Ang (SG), Alison Johnstone (AUS), Aprillia Munarwati (INA), Tomohiro Iizuka (JP), Lily Iguchi (JP), David Hoyn (AUS) & Yeo Yu Puay (MY) - July 2023  
音乐: Supernova - Kylie Minogue



## INTRO : 16 beats

### [1-8] FORWARD, FORWARD MAMBO, POINT, ROLLING VINE SCFF

1            Step RF forward(1)  
2&3        Rock LF forward(2), recover weight onto RF(&), step LF beside RF(3)  
4            Point RF to right(4) (Preparing to turn right)  
5-6        Turning ¼ right, step RF forward (5), turning ½ right, step LF back(6)  
7-8        Turning ¼ right, step RF to right(7), scuff LF(8) (12:00)

### [9-16] CROSS ROCK, BALL CROSS, SIDE, DIAGONAL FORWARD SHUFFLES WITH ROLLING HANDS X2

1-2        Cross rock LF over RF(1), recover weight onto RF(2)  
&3-4      Step ball of LF beside RF(&), cross RF over LF(3), step LF to left(4)  
5&6      Step RF forward to right diagonal(5), step LF beside RF(&), step RF forward to left diagonal(6)  
7&8      Step LF forward to left diagonal(7), step RF beside LF(&), step LF forward to left diagonal(8)  
(Roll hands on 5&6, 7&8)

### [17-24] CROSS ROCK, SIDE ROCK, R SAILOR, L SAILOR ¼ L

1-2        Cross rock RF over LF(1), recover weight onto LF(2)  
3-4        Rock RF to right(3), recover weight onto LF(4)  
5&6      Step RF behind LF(5), step LF to left(&), step RF to right(6)  
7&8      Step LF behind RF(7), turning ¼ left, step RF to right(7), step LF forward(8) (9.00)

### [25-32] FORWARD, PIVOT ½ L, SHUFFLE FORWARD, V STEP WITH TOUCH

1,2        Step RF forward(1), pivot ½ left shifting weight to LF(2) (3.00)  
3&4        Step R forward(3), step LF beside RF(&), step RF forward(4)  
5,6        Step LF forward out to diagonal(5), Step RF forward out to diagonal(6)  
7,8        Step LF back to centre(7), touch R toe next to LF(8)

### [33-40] SIDE, HOLD, CLOSE, SIDE, CLOSE, POINT CLOSE R&L, CROSS, ½ TURN L

1,2&      Step RF to right(1) , hold(2) (you can do a body roll), step LF beside RF(&),  
3,4        Step RF to right(3), step LF beside RF(4)  
5&6&      Point RF to right(5), step RF beside LF(&), point LF to left(6), step LF beside RF(&)  
7,8        Cross RF over LF(7), unwind ½ turn left, ending with weight on LF(8) (9.00)

### [41-48] FORWARD, HOLD, LOCK, FORWARD, CLOSE, POINT CLOSE R&L, POINT, ¼ TURN R HOOK

1,2&      Step RF forward(1), hold(2), lock LF behind RF(&),  
3,4        Step RF forward(3), step LF beside RF(4)  
5&6&      Point RF to right(5), step RF beside LF(&), point LF to left(6), step LF beside RF(&)  
7,8        Point RF to right(7), turning ¼ right, hook RF across L shin(8) (weight on LF)(12:00)

### [49-56] FORWARD, TOUCH, BACK, KICK, OUT, OUT, HIP BUMPS R,L, R,L,R

1,2&      Step RF forward(1), touch LF behind RF(2), step LF back(&)  
3&4        Kick RF forward(3), step RF out to right(&), step LF out to left(4),  
5,6        Bump hips right(5), bump hips left(6)

7&8 Bump hips right(7), left(&), right(8)

**[57-64] CROSS POINT, R SAILOR ¼ R, FORWARD ROCK, TURNING SHUFFLE ¾ L**

1,2 Cross LF over RF(1), point RF to right(2)

3&4 Step RF behind LF(3), turning ¼ right, step LF to left(&), Step RF to right(4) (3.00)

5,6 Rock LF forward(5), recover weight onto RF(6)

7&8 Turning ½ left step LF forward(7), turning ¼ left, step RF slightly to right(&), step LF slightly forward(8) (6.00)

**Start again.... No tags, no restarts.  
Enjoy the dance!! :)**

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