

Limbofest

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Tya Paw (INA) - July 2023
音乐: SIKUACHI (feat. Alma Mutheu) - limbofest



Restart: wall 7 (24 count)

Start: 32 count

S1.WALK FORWARD, SIDE MAMBO, WALK BACK, SIDE MAMBO

1-2 Step R forward - Step L forward
3&4 Step R to side - Recover on L Step R together
5-6 Step L back - Step R back
7&8 Step L to side - Recover on R - Step L together

S2.CROSS SUFFLE (R,L) , FORWARD MAMBO, BACK MAMBO

1&2 Cross R over L - Step L to side - Cross R over L
3&4 Cross L over R - Step R to side - Cross L over R
5&6 Step R forward - Recover on L- Step R together
7&8 Step L back - Recover on R - Step L together

S3. BOTAFOGO, MAMBO TURN, FORWARD MAMBO

1&2 Cross R over L- Ball L to side - Step R in place
3&4 Cross L over R - Ball R to side - Step L in place
5&6 Step R forward - Recover on L - Turun 1/4 right, step R to side (03.00)
7&8 Step L forward - Recover on R - Step L together

S4.TOE STRUT (R,L), SIDE MAMBO RIGHT, TOE STRUT (L,R) SIDE MAMBO LEFT

1&2& Touch R toe forward - Dropped R heel - Touch L to forward - Dropped L heel
3&4 Step R to side - Recover on L - Step R together
5&6& Touch L toe forward - Dropped L - Touch R toe forward - Dropped R together
7&8 Step L to side - Recover on R - Step L together

Enjoy the dance tyapaw@yahoo.com