The Golden Cage



编舞者: Georgie Mygrant (USA) - July 2023

音乐: Golden Cage - Abney Park



Intro: 16 counts. (Start counting at the heavy beat, or its 24 counts from the very beginning)

Step Kick R, Vine R, Step Kick L, Vine L Turning 1/4 L

1-4	Step R fwd. Kick L fwd. Step back on L. Touch R to L
5-8	Step R to R side, L behind R, Step to R, Touch L
1-4	Step L fwd. Kick R fwd. Step back on R. Touch L to R

5-8 Step L to L side, R behind L, Step to L turning 1/4 L, Touch R to L

Toe/Heel Going Back, Back Rocking Chair

Step R toe back, drop heel, Step L toe back, drop heel,
Step R back, Step L fwd. Step R fwd. Return back to L

Jazz Box Turning 1/4 R, 2 Times

Step R over L, Step back on L, turning ¼ L, Step on R, Step on L
 Step R over L, Step back on L, turning ¼ L, Step on R, Step on L

That's it! If you like it, please vote for it. Do not alter routine without my permission. I try hard to make each routine a little different for you. If you have any problems with it, please contact me and I will help you if I can. Thank you, Georgie

mygeo@adamswells.com or mygrantg@gmail.com