

Hey My Love

COPPERKNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Beginner
编舞者: Foo Sally (MY) - July 2023
音乐: Hey My Love - DEEPSYSTEM



Deep System (3.17 mins track)

BEGIN DANCE APPROXIMATELY AT 18 COUNTS (0.10sec of track)

Dance sequence : No tag no restart

(1-8) SEC. 1 : SHOULDER SHIMMY, (FORWARD STEP TOGETHER) X 4

1- 2 (1) RF step forward , (2) LF step beside RF (shoulder shimmy)
3- 4 (3) RF step forward, (4) LF step beside RF (shoulder shimmy)
5- 6 (5) RF step forward , (6) LF step beside RF (shoulder shimmy)
7- 8 (7) RF step forward, (8) LF step beside RF (shoulder shimmy)

(9-16) SEC 2 : SHOULDER SHIMMY , (BACKWARD STEP TOGETHER) X 4

1- 2 (1) RF step backward, (2) LF step back next to RF (shoulder shimmy)
3- 4 (3) RF step backward, (4) LF step back next to RF (shoulder shimmy)
5- 6 (5) RF step backward, (6) LF step back next to RF (shoulder shimmy)
7- 8 (7) RF step backward, (8) LF step back next to RF (shoulder shimmy)

(17-24) SEC 3: RF CROSS OVER LF , RECOVER , LF CROSS OVER RF ,RECOVER RF SAILOR ,RECOVER, LF SAILOR ,RECOVER.

1 & 2 (1) RF cross over LF , (&)LF in place (2) RF recover to right
3 & 4 (3) LF cross over RF , (&) RF in place (4) LF recover to left
5 & 6 (5) RF cross behind LF (&)LF in place (6) RF recover to right
7 & 8 (7) LF cross behind RF (&) RF in place (8)LF recover to left

(25-32) SEC 4: BOTA FOGOS FORWARD x 4 ,

1 a 2 (1) RF step forward (a) bounce (3) LF step to side
3 a 4 (3) LF step forward (a) bounce (4) RF step to side
5 a 6 (5) RF step forward (a) bounce (6) LF step to side
7 a 8 (7) LF step forward (a) bounce (8) RF step to side

(33-40) SEC 5 : RF STEP IN PLACE, (LF LATIN CROSS STEP, RF STEP TO SIDE,LF LATIN CROSS STEP , RF FORWARD TOUCH , RF BEHIND TOUCH) X 2

1-2 -3 (1) RF step in place ,(2) LF cross over RF with knee slightly bend , (3) RF step to side,
4 (4) LF cross over RF with knee slightly bend
5-6 (5) RF forward touch (6) RF touch behind LF
7-8 (7) RF forward touch (8) RF touch behind LF

(41- 48) SEC 6 : RF STEP BACK, LF STEP TO LEFT SIDE , RF STEP CLOSE TO LF, LF STEP TO SIDE , JAZZ BOX ¼ TURN RIGHT.

1 (1) RF step back
2-4 (2)LF step to left side , (3) RF step beside LF, (4) LF step to side
5-8 (5) RF cross over LF, (6) LF step back, (7) RF ¼ turn right, (8) LF step beside RF.

(49-56) SEC 7 : SHOULDER SHIMMY , CIRCULAR STEP TOGETHER RIGHT,

1 -2, (1) ¼ turn right step RF forward ,(2) step LF close to RF
3- 4 (3) ¼ turn right step RF forward (4) Step LF close to RF
5- 6 (5) ¼ turn right step RF forward (6) step LF close to RF
7- 8 (7) ¼ turn right step RF forward (8) step LF close to RF

(57-64) SEC 8: SHOULDER SHIMMY ,CIRCULAR STEP TOGETHER LEFT.

- 1 -2, (1) ¼ turn left step RF forward ,(2) step LF close to RF
3- 4 (3) ¼ turn left step RF forward R4) Step LF close to RF
5- 6 (5) ¼ turn left step RF forward (6) step LF close to RF
7- 8 (7) ¼ turn left step RF forward (8) step LF close to RF

End of dance. Happy dancing

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