

Delilah Ez / Delilah

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner / Easy Intermediate
编舞者: Nathan BROUAZIN (FR) - July 2023
音乐: Delilah - Mikolas Josef & Mark Neve



32 Counts, 4 Walls, Beginner Level Dance & 64 Count 2 walls, Easy Intermediate

Introduction : 16 counts No Tag- No restart - Final

Section 1 [1-8] : STEP BACK R L R, TOUCH L BACK, STEP FWD L R L, SCUFF R

1-2 Step RF Back (1), Step LF Back (2) 12:00
3-4 Step RF Back (3), Touch LF Back (4)
5-6 Step LF Fwd (5), Step RF Fwd (6),
7-8 Step LF Fwd (7), Scuff RF (8)

Section 2 [9-16] : WEAVE L*, CROSS ROCK R, SHUFFLE R , POINT L, 1/4 L WITH HITCH L

1&2& Cross RF over LF (1), Step LF to L side (&), Cross RF behind LF(2), Step LF to L side (&) (*
option facile : Cross RF over LF (1), Step LF to L side (2))
3-4 Cross Rock RF over LF (3), Recover on LF (4)
5&6 Step RF to R side (5), Step LF beside RF (&), Step R to R side (6) (6)
7-8 Point LF to L (7), Turn 1/4 L with Hitch L (8) 9:00

Section 3 [17-24] : VINE L, TOUCH R , VINE R, TOUCH L

1-2 Step LF to L side (1), Step R behind L (2) 09:00
3-4 Step LF to L side (3), Touch RF beside LF (4)
5-6 Step RF to R side (5), Step LF behind RF (6)
7-8 Step RF to R side (7), Touch LF beside RF (8)

Section 4 [25-32] : SIDE TOUCH BEHIND X2, OUT L R, IN L KICK R

1-2 Step LF to L side (1), Touch RF behind LF (2) 9:00
3-4 Step RF to R side (3), Touch LF behind RF (4)
5-6 Step LF Fwd to L diagonal (5), Step RF Fwd to R diagonal (6)
7-8 Step LF Back to center (7), Kick RF fwd (8)

Final Dance Beginner Wall 9: Replace in section 4 : counts 3 to 8 with VINE 1/4 T R Touch L
End of dance for 32 count 4 wall beginner

Section 5 [33-40] : HEEL STRUT R L, STEP R 1/2 TURN L, STEP R, TOUCH L

1-2 Touch R heel Fwd (1), Step R toe down (2) 9:00
3-4 Touch L heel Fwd (3), Step L toe down (4)

Styling: Add shimmy from counts 1-4

5-6 Step RF Fwd (5), Turn 1/2 L Step LF Fwd (6) 3:00
7-8 Step RF Fwd (7), Touch LF beside RF (8)

Section 6 [41-48] : 1/4 TURN R TOUCH R - 1/4 TURN R TOUCH L X2

1-2 Turn 1/4 R Step LF to L side (1), Touch RF beside LF (2) 6:00
3-4 Turn 1/4 R Step RF to R side (3), Touch LF beside RF (4) 9:00
5-6 Turn 1/4 R Step LF to L side (5), Touch RF beside LF (6) 12:00
7-8 Turn 1/4 R Step RF to R side (7), Touch LF beside RF (8) 3:00

Section 7 [49-56] : POINT L BACK, UNWIND 1/2 TURN L, SHUFFLE L & R, STEP 1/2 TURN R STEP

1-2 Point LF Back (1), Turn 1/2 L weight on RF (2) 9:00
3&4 Step LF Fwd (3), Step RF beside LF (&), Step LF Fwd (4)
5&6 Step RF Fwd (5), Step LF beside RF (&), Step RF Fwd (6)

7&8 Step LF Fwd (7), Turn 1/2 R Step RF Fwd (&), Step LF Fwd (8) 3:00

Section 8 [57-64] : CROSS SAMBA R & L, STEP 1/4 TURN L, PIVOT 1/2 TURN L LOCK OVER X2

1&2 Cross RF over LF (1), Step LF to L side (&), Recover on RF (2)

3&4 Cross LF over RF (3), Step RF to R side (&), Recover on LF (4)

5-6 Step RF Fwd (5), Turn 1/4 L Step LF to L side (6) 12:00

7& Turn 1/4 L Step RF to R side (7), Cross LF over RF (&) 9:00

8& Turn 1/4 L Step RF behind (8), Cross LF over RF (&) 6:00

Final Dance Intermediate Wall 5: Replace in section 4 counts 3 to 8 with VINE 1/4 T R Touch L

Happy and cool

Last Update: 27 Sep 2023
