

Them Stems

拍数: 32 墙数: 4 级数: Beginner
编舞者: Sophie Ruhling (FR) - December 2022
音乐: Them Stems - Chris Stapleton



16 count intro after beat CCW

NO TAG NO RESTART

Dance specially choreographed to Stéphanie's birthday party in Montesson 78 France on December 10th 2022

SECT.1 HEEL STRUTS R - L FWD X2 (WITH SNAP R HAND)

1-2 touch R heel fwd, drop R ball and weight on R (snap R hand)
3-4 touch L heel fwd, drop L ball and weight on L (snap R hand)
5-6 touch R heel fwd, drop R ball and weight on R (snap R hand)
7-8 touch L heel fwd, drop L ball and weight on L (snap R hand)

SECT.2 MONTEREY 1/4 TURN R, KICK BALL STEP R FWD X2

1-2 point R to R side, 1/4 turn R on L ball and step R in place (3.00)
3-4 point L to L side, step L in place
***Ending here at 12.00 : (hand on hat)**
5&6 kick R fwd, step R ball in place, walk L
7&8 kick R fwd, step R ball in place, walk L

SECT.3 STEP R TO R, STEP L BESIDE R, STEP R TO R, TOUCH L (WITH SHIMMY SHOULDERS & CLAP HANDS)

1-2 step R to R side, hold and shimmy shoulders
3-4 hold and shimmy shoulders, step L beside R (weight on L) + clap hands
5-6 step R to R side, hold and shimmy shoulders
7-8 hold and shimmy shoulders, touch L beside R (weight on R) + clap hands

SECT.4 GRAPEVINE L TO L, SCUFF R, STEP 1/2 TURN L WITH HOLD AND CLAP

1-2 step L to L side, cross R behind L
3-4 step L to L side, scuff R fwd
5-6 walk R, hold and clap hands
7-8 1/2 turn L (weight on L fwd), hold and clap hands (9.00)