Shadows

拍数: 32

级数: Beginner

编舞者: Danilo Carta (IT) - July 2023

音乐: Shadows - Nathan Leazer

Introduction: Performed after first 32 counts when music started

SECTION 1: RUMBA BOX, SCUFF

- 1-2 Right step to the right, Left together
- 3-4 Right step forward, Left together
- 5-6 Left Step to the left, Right together
- 7-8 Left step forward, Right Scuff near Left

SECTION 2: JAZZ BOX CROSS RIGHT, POINT RIGHT, POINT LEFT

- 1-2 Right over left, Left step back
- 3-4 Right step to the right, Left over Right
- 5-6 Right Point Toe to the right, Right Cross over Left
- 7-8 Left Point Toe to the left, Left Cross behind Right

SECTION 3: WAVE RIGHT, TURNING JAZZ BOX 1/2 TO THE RIGHT

- 1-2 Right Step to the right, Left Cross behind Right
- 3-4 Right Step diagonally back to the right, Left Cross over Right
- 5-6 Right over Left, Left step back
- 7-8 Turn 1/2 to the right & Right Step forward, Left Step forward

SECTION 4: STEP RIGHT, KICK LEFT, COASTER STEP LEFT, STOMP RIGHT, SWIVEL, HOOK RIGHT

- 1-2 Right Step forward, Left Kick forward
- 3-4 Left Step back, Right Step beside Left
- 5-6 Left Step forward, Right Stomp near Left
- 7-8 Swivel both heels to right side & return both heels to centre, Right Hook over Left
- RESTART: on 5th wall after 24 counts (12:00)

TAG 1 of 4 counts on 7th wall after 32 counts (06:00)

- 1&2 Right Rock forward, Return on the Left
- 3&4 Right Rock back, Return on the Left

TAG 2 of 8 counts on 9th wall after 32 counts (06:00)

- 1&2 Right Rock forward, Return on the Left
- 3&4 Right Rock back, Return on the Left
- 5-6 Right Touch Toe forward, Right Step beside Left
- 7-8 Left Heel forward, Left Step beside Right

ENDING on 13th wall (12:00) after 16 counts





2

墙数:2