

Yes We Believe

拍数: 32 墙数: 2 级数: Beginner
编舞者: Wanda Heldt (AUS) & Linda Morris (AUS) - June 2023
音乐: If You Believe - Strive to Be & Patch Crowe



Split floor with If You Believe by Gary O'Reilly Just a Tad hard for the Beginners
20 count intro (Start dance on the lyric "defeated")

S1. WALK FORWARD R.L. FORWARD RIGHT MAMBO, WALK BACK L.R. LEFT BACK MAMBO

1-2 Walk forward Right Left
3&4 Rock forward Right, Recover on Left, Step back on Right [Mambo]
5-6 Walk Back L.R.
7&8 Rock back Left, Recover on Right, Step forward on Left [Mambo]

S2. SHUFFLE FORWARD RIGHT LEFT, RIGHT JAZZ BOX

1&2 Shuffle forward R.L.R.
3&4 Shuffle forward L.R.L.
5-8 Cross Right over Left, Step back on Left, Step Right to Right, Step Left to left

S3. ROCK RIGHT, RECOVER ON LEFT, CROSS SHUFFLE R.L.R ROCK LEFT, RECOVER ON RIGHT, LEFT COASTER STEP

1-2 Rock Right to Right side, Recover on Left.
3&4 Cross shuffle R.L.R. or Variations [Twist Right, Centre, Right]
5-6 Rock Left to Left, Recover on Right
7&8 Step back on Left, Step Right next to Left, Step forward on Left

S4. 2 x 1/4 PADDLE TURNS LEFT, V. STEP

1-2 Step forward on Right turn 1/4 Left, Recover on Left [9]
3-4 Step forward on Right turn 1/4 Left, Recover on Left. [6]
5-6 Step forward Right, Left
7-8 Step back Right, Left [Wt. on L]

RESTART DANCE.....

1st TAG* End of Wall 2 [12:00] Repeat S.1- 8 counts & Restart dance
2nd TAG** End of Wall 5 [6:00]

WALK FORWARD R.L. FORWARD RIGHT MAMBO, WALK BACK L.R. LEFT BACK MAMBO

1-2 Walk forward Right Left
3&4 Rock forward Right, Recover on Left, Step back on Right [Mambo]
5-6 Step on Left, [5] Right [6], Hold [7] [Wt. on R] & Step on Left - 1 Step forward Right to Restart
S.1 as the artist sings "BE(&)LIEVE(1)"

Have Fun..

HAVE FUN IN LIFE & IN DANCE

Wanda Heldt / Youtube Channel /Silver Star Wanda'ers /AB & Beginners Only Linda Morris