

# Hold Me Now & Stay

**COPPER KNOB**  
STEPPERS

拍数: 32                      墙数: 2                      级数: Absolute Beginner  
编舞者: Wanda Heldt (AUS) & Linda Morris (AUS) - May 2023  
音乐: Hold Me Now (Dance Version) - Johnny Logan



No need for Tags & Restart.

But you have the Option:- to Add if so wish :-)

2 Tags: End of Wall 4 [8 Counts] & End of Wall 8 [4 Counts] & restart...

**[1] RIGHT TOE, HEEL to RIGHT SIDE, LEFT TOE, HEEL to LEFT SIDE STEP BACK RIGHT, POINT LEFT to SIDE, STEP FORWARD LEFT, POINT RIGHT TOE to SIDE**

1-2                      Touch Right toe forward, Place Weight on Right heel  
3-4                      Touch Left toe, Place Weight on Left heel  
5-6                      Step back on Right, Point Left toe to side  
7-8                      Step Left forward, Point Right toe to side

**[2] RIGHT CROSS, RECOVER, RIGHT, SIDE, HOLD LEFT CROSS, RECOVER, SIDE HOLD**

1-4                      Cross Right over Left, Recover on Left, Step Right to Right side, Hold  
5-8                      Step Left across Right, Recover on Right, Step Left to Left side, Hold

**[3] 2 X PADDLE TURN LEFT, RIGHT ROCKING CHAIR**

1-2                      Step forward on Right, 1/4 turn Left [Wt. on Left] [9:00]  
3-4                      Step forward on Right, 1/4 turn Left [Wt. on Left] [6:00]  
5-8                      Rock forward on Right, Recover on Left, Rock back on Right, Recover on Left

**[4] BOX STEP**

1-4                      Step Right to Right side, Step Left next to Right, Step forward on Right, Hold [6]  
5-8                      Step Left to Left side, Step Right next Left, Step forward on Left Hold

**CAN DANCE THROUGH without Tags -  
but Have the Options to Add the Tags & Restart...**

**1st Tag:- K. STEP - END of Wall 4 {8} Counts [12]**

1-2                      Step forward Right diagonal, Touch Left beside Right.  
3 4                      Step back to Left diagonal, Touch Right beside Left.  
5 6                      Step to Right diagonal, Touch Left beside Right.  
7 8                      Step forward to Left diagonal, Touch Right beside Left.

**2nd Tag:- STEP, TOUCH, STEP TOUCH - END of Wall 8 [4 Counts] [12]**

1-2                      Step Right to Right side. Touch/Slide Left next to Right  
3-4                      Step Left to Left side, Touch/Slide Right next to Left

**Restart dance..... HAVE FUN IN LIFE & IN DANCE**

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