

# Everybody Runs

拍数: 64      墙数: 4      级数: Improver  
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音乐: The Journey of Life - Thomas Anders



**Intro: 32 counts, starts on "young"**

**Step fwd, cross behind, lockstep fwd (R+L)**

1 – 2      RF step fwd – LF cross behind  
3 & 4      RF step fwd – LF cross behind – RF step fwd  
5 – 6      LF step fwd – RF cross behind  
7 & 8      LF step fwd – RF cross behind – LF step fwd

**Fwd rock step, shuffle 1/2 turn R, step, cross behind, lockstep fwd**

1 – 2      RF rock fwd – recover on LF  
3 & 4      RF step back 1/4 R – LF close – RF step fwd 1/4 R  
5 – 6      LF step fwd – RF cross behind  
7 & 8      LF step fwd – RF cross behind – LF step fwd

**Fwd rock step, shuffle 1/4 turn R, cross, side, Sailor step 1/4 turn L**

1 – 2      RF rock fwd – recover on LF  
3 & 4      RF step back 1/4 R – LF close – RF step R side  
5 – 6      LF cross over – RF step R side  
7 & 8      LF cross behind 1/4 turn L – RF step aside – LF step aside

**Step fwd, step fwd 1/4 R, sailor step 1/4 R, Fwd rock step, shuffle 1/2 turn L**

1 – 2      RF step fwd – LF step fwd 1/4 R  
3 & 4      RF cross behind 1/4 turn R – LF step aside – RF step aside  
5 – 6      LF rock fwd – recover on RF  
7 & 8      LF step back 1/4 L – RF close – LF step fwd 1/4 L

**Step fwd, pivot 1/4 L, cross shuffle, hinge 1/2 turn R, cross shuffle**

1 – 2      RF step fwd – RF+LF turn 1/4 L  
3 & 4      RF cross over – LF step behind RF – RF cross over  
5 – 6      LF step aside 1/4 R – RF step back 1/4 R  
7 & 8      LF cross over – RF step behind LF – LF cross over

**Side, close, shuffle fwd, fwd rock step, Shuffle 1/2 turn L**

1 – 2      RF step R side – LF close  
3 & 4      RF step fwd – LF close – RF step fwd  
5 – 6      LF rock fwd – recover on RF  
7 & 8      LF step back 1/4 L – RF close – LF step fwd 1/4 L

**Side, close, shuffle fwd, fwd rock step, Shuffle 1/2 turn L**

1 – 2      RF step R side – LF close  
3 & 4      RF step fwd – LF close – RF step fwd  
5 – 6      LF rock fwd – recover on RF  
7 & 8      LF step back 1/4 L – RF close – LF step fwd 1/4 L

**Step fwd 2 x 1/2 turn L, Shuffle fwd, fwd rock step, coaster step**

1 – 2      RF step 1/2 turn L fwd – LF step 1/2 turn L fwd  
3 & 4      RF step fwd – LF close – RF step fwd

5 – 6            LF rock fwd – recover on RF  
7 & 8            LF step back – RF close – LF step fwd

**Start over again!**

**Tag: 4 counts after the 1th [9] and 4th wall [9]:  
RF step fwd – RF+LF turn 1/2 L (x2)**

**Restart: in the 3th wall after 32 counts**

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