

Country Heel

拍数: 32 墙数: 4 级数: Improver
编舞者: Tine Norup (DK) - July 2023
音乐: Country Dance - Aaron Goodvin



Intro: 16 counts

Section 1: Right Heel Dig x2 Right Coaster Step. Left Heel Dig X 2 Left Coaster Step

1-2-3&4 right (1) Heel, right (2) heel forward (3&4) right Coaster step
5-6-7&8 left (5) Heel, left (6) heel forward (7&8) left Coaster step.

Section 2: Turn 1/4 left Cross Shuffle, 1/4 Sailor Step Left

1-2 Step right forward, make 1/4 turn left.
3&4 Cross right over left. Step left to left side. Cross right over left.
5-6 Rock left to left side. Recover onto right.
7&8 Make 1/4 Sailor Step left.

Section 3: Figure 8 Vine.

1 - 2 Step right to right side. Cross left behind right.
3 - 4 Step right 1/4 turn right. Step left forward.
5 - 6 Pivot 1/2 turn right. Turn 1/4 right Stepping left to left side.
7 - 8 Cross right behind left. Turn 1/4 left Stepping left forward.

Tag: wall 4 and 7 Right Rocking Chair and Restart

Restart wall 8

Section 4: right, Cross Rock chasse, left rock Forward, left back touch.

1-2 Cross rock right over left, recover weight onto left.
3&4 Step right to right, step left beside right step right to right.
5-6 Rock left forward, recover weight to right.
7-8 step back on left, touch right to left

Tag & Restart Wall 4 Clock 12

24 counts than Right Rocking Chair and restart

Tag & Restart Wall 7 Clock 9

24 counts than Right Rocking Chair and restart

Restart Wall 8 clock 12 after figure8 vine

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