

Marimba Rhythms

拍数: 64 墙数: 4 级数: Beginner
编舞者: Susanne Flynn (USA) - July 2023
音乐: Sway - The Pussycat Dolls



Dance starts with the word "starts to play"

Section 1: Vine Cross R / Lindy R

1-4 Step R foot to R, Cross L behind R, Step R foot to R, Cross L over R
5&6 Step R to Side, Close L next to R, Step R to Side
7-8 Cross L Behind R, Recover on R

Section 2: Rock L foot F / Rock L Side / Pivot 2x to R making full turn (or Rocking Chair)

1-4 Rock L forward Recover, Rock Side Recover
5-8 Step L forward, pivot ½ turn R – 2x

Section 3: Vine Cross L / Lindy L

1-4 Step L foot to L, Cross R behind L, Step L foot to L, Cross R over L
5&6 Step L to Side, Close R next to L, Step L to Side
7-8 Cross R Behind L, Recover on L

Section 4: Rock R foot F / Rock R Side / Pivot 2x to L making full turn (or Rocking Chair)

1-4 Rock R forward Recover, Rock Side Recover
5-8 Step R forward, pivot ½ turn L – 2x

Section 5: Step Lock Scuff 2x F

1-4 Step R foot F, Lock L behind R, Step R foot F / Scuff L foot
5-8 Step L foot F, Lock R behind L, Step L foot F / Scuff R foot

Section 6: Jump Out & Back / Jazz ¼ turn R

&1-2 Jump R foot F diag, Jump L foot F diag
&3-4 Jump R foot B diag, Jump L foot B diag
5-8 Cross R over L, Step L back ¼ turn R, Step R to Side, Step L next to R (3:00)

Section 7: Shuffle B 2x / Rock B Recover / Hinge ½ turn L

1&2 Step R Back, Step L next to R, Step R Back
3&4 Step L Back, Step R next to L, Step L Back
5-6 Rock R foot B, Recover
7-8 Step R foot F making ½ turn L, Step on L (9:00)

Section 8: Drag R / Rock Back Recover / Drag L / Rock Back Recover

1-2 Make big step R dragging L foot next to R
3-4 Cross L foot behind R, Recover on R
5-6 Make big step L dragging R foot next to L
7-8 Cross R foot behind L, Recover on L

Tag at the beginning of wall 5 (12:00) – Repeat section 8

Contact: sflynn32949@gmail.com