

Lover

COPPERKNOB
STEPSHEETS

拍数: 96 墙数: 2 级数: Phrased Advanced - Showdance
编舞者: Barbara Wöhry (AUT) - July 2023
音乐: I'm Not Here To Make Friends - Sam Smith, Calvin Harris & Jessie Reyez



Intro: 32counts

Seq: A B B C-Tag A B C-Tag D-Tag A C-Tag D-Tag D-Tag A A

(Note: Tag is always at the end of C and D)

PART A: 32counts

[1 - 8] Swivel (Toe, Heel, Toe), Sailor Step, Skate x2, Mambo, Back x2

- 1 & 2 Step RF to the side and swivel both feet: Toes out (1), Heels out (&), Toes out and transfer weight onto RF (2)
- 3 & 4 Cross LF behind RF (3), Step RF to the right (&), Step LF to the left diagonal (4)
- 5 - 6 Skate RF to the right diagonal (5), Skate LF to the left diagonal (6)
- 7 & 8 & Step RF forward (7), Recover weight to LF (&), Step RF back (8), Step LF back (&)

[9 - 16] Touch, Body Roll, Flick ¼, ¼ Step, ½ turn Step back, Coaster Step

- 1 - 2 Touch RF back and start body roll from head (1) (2)
- 3 - 4 Continue Body roll and transfer weight to RF (3), Flick LF behind RF and turn ¼ right (4) 3:00
- 5 - 6 Turn ¼ left and step LF forward (5) 12:00, Turn ½ left and step RF back (6) 6:00
- 7 & 8 Step LF back (7), Step RF next to LF (&), Step LF forward (8)

[17 - 24] Mambo-Cross x2, Rock-Recover-Step, Hitch

- 1 & 2 Step RF to the right (1), Recover onto LF (&), Cross RF over LF (2)
- 3 & 4 Step LF to the left (3), Recover onto RF (&), Cross LF over RF (4)
- 5 - 6 Step RF forward and push hips forward (5), Recover to LF and push hips back (6)
- 7 - 8 Step RF forward (7), Make ¼ turn right and hitch LF (8) 9:00

[25 - 32] Side-Touch x2, turn ¼ - ½, Shuffle ½ turn

- 1 - 2 Step LF to the left (1), Touch RF next to LF (2)
- 3 - 4 Step RF to the right (3), Touch LF next to RF (4)
- 5 - 6 Turn ¼ left stepping LF forward (5) 6:00, turn ½ left stepping RF back (6) 12:00
- 7 & 8 Turn ¼ left and step LF to the side (7), Step RF next to LF (&), Turn ¼ left and step LF forward (8) 6:00

PART B: 16counts

[1 - 8] Walk x2, Mambo back, Back x2, Coaster Cross

- 1 - 2 Step RF forward (1), Step LF forward (2)
- 3 & 4 Step RF forward (3), Recover onto LF (&), Step RF back (4)
- 5 - 6 Step LF back (5), Step RF back (6)
- 7 & 8 Step LF back (7), Step RF next to LF (&), Cross LF over RF (8)

[9 - 16] Side Rock Recover, Shuffle, Cross Rock, Ball Step-1/2 Turn

- 1 - 2 Rock RF to right (1), Recover onto LF (2)
- 3 & 4 Step RF to right (3), Step LF next to RF (&), Step RF to the right (4)
- 5 - 6 Cross LF over RF (5) Recover weight to RF (6)
- & 7 - 8 Step LF ball next to RF (&), Cross RF over LF (7), Turn ½ left and transfer weight to LF (8) 12:00

The first time you dance B it will be danced twice (afterwards you will face 6:00)

PART C: 24counts

[1 - 8] Cross, Hold, Ball, Cross, Hold, Ball, Jazzbox, Shuffle side

- 1 - 2 Cross RF over LF (1), Hold (2)
& 3 - 4 LF ball next to RF (&), Cross RF behind LF (3), Hold (4)
& 5 - 6 LF ball next to RF (&), Cross RF over LF (5), Step LF back (6)
7 & 8 Step RF to the right (7), Step LF next to RF (&), Step RF to the right (&)

[9 - 16] Cross, Hold, Ball, Cross, Hold, Ball, Jazzbox, Shuffle side

- 1 - 2 Cross LF over RF (1), Hold (2)
& 3 - 4 RF ball next to LF (&), Cross LF behind RF (3), Hold (4)
& 5 - 6 RF ball next to LF (&), Cross LF over RF (5), Step RF back (6)
7 & 8 Step LF to the left (7), Step RF next to LF (&), Step LF to the left (8)

[17 - 24] Push Coaster Step x2, Jazzbox ½

- 1 - 2 & Push RF ball in place and slide LF back (1), Step LF back (2), Step RF next to LF (&)
3 - 4 & Push LF ball in place and slide RF back (3), Step RF back (4), Step LF next to RF (&)
5 - 6 Cross RF over LF (5), Turn ¼ right and step LF back (6) 9:00
7 - 8 Make ¼ right and Step RF forward (7) 12:00, Step LF forward (8)

Add the Tag

PART D: 24counts

[1 - 8] Point-Hitch x4, Step-Touch x2

- 1 & 2 & Point RF to right and Swivel left Heel to the right (1), Hitch RF and swivel left Toe to the right (&), Point RF to right and Swivel left Heel to the right (2), Hitch RF and swivel left Toe to the right (&)
3 & 4 & Point RF to right and Swivel left Heel to the right (3), Hitch RF and swivel left Toe to the right (&), Point RF to right and Swivel left Heel to the right (4), Hitch RF and swivel left Toe to the right (&)
5 - 6 Step RF to the right and roll your hips counter clockwise (5), Touch LF next to RF (6)
7 - 8 Step LF to the left and roll your hips clockwise (7), Touch RF next to LF (8)

[9 - 16] Weave, Sweep, Kick-Ball-Step

- 1 & 2 & Cross RF behind LF (1), Step LF to the left (&), Cross RF over LF (2), Step LF to the left (&)
3 & 4 & Cross RF behind LF (3), Step LF to the left (&), Cross RF over LF (4), Step LF to the left (&)
5 - 6 Cross RF behind LF and Sweep LF (5) Step LF back (6)
7 & 8 Kick RF (7), LF ball Step in place (&), Step LF forward (8)

[17 - 24] Paddle x4, Slide – Snap x2

- 1 & 2 & Paddle RF (1), Recover onto LF and turn 1/8 left (&), Paddle RF (2), Recover and turn 1/8 left (&) 9:00
3 & 4 & Paddle RF (1), Recover onto LF and turn 1/8 left (&), Paddle RF (2), Recover and turn 1/8 left (&) 6:00
5 - 6 Turn ¼ left 3:00 and slide RF to right diagonal (5), Touch LF next to RF and snap your right fingers (6)
7 - 8 Slide LF to left diagonal (7), Make ¼ turn left and touch RF next to your LF while snapping your left fingers (8) 12:00

Add the Tag

Tag 8counts

[1 - 8] Mambo forward, Mambo back, Mambo R, Mambo L

- 1 & 2 Step RF forward (1), Recover onto LF (&), Step RF next to LF (2)
3 & 4 Step LF back (3), Recover onto RF (&), Step LF next to RF (4)
5 & 6 Step RF to the right (5), Recover onto LF (&), Step RF next to LF (6)
7 & 8 Step LF to the left (7), Recover onto RF (&), Step LF next to RF (8)

Tag is always at the end of Part C and D

Have fun and enjoy the dance

Last Update: 17 Apr 2024
