# Mm Mm Mm



拍数: 32 墙数: 4 级数: Absolute Beginner

编舞者: Liz Atkinson (USA) - July 2023

音乐: Straight From The Heart (feat. Nørskov) - Rudimental



### #36 count introduction - NO Tags or Restarts

# S1: VINE R, LF ROCKING CHAIR

1, 2	[1]Step RF to R side, [2]step LF behind RF
3, 4	[3]Step RF to R side, [4]touch LF beside RF

5, 6 [5]Rock LF fwd, [6]recover RF

7, 8 [7]Rock LF back, [8]recover RF (12:00)

### S2: VINE L, RF ROCKING CHAIR

1, 2	[1]Step LF to L side, [2]step RF behind LF
3, 4	[3] Step LF to L side, [4]touch RF beside LF
<b>-</b> -	[FIDeals DE find [Classes on LE

5, 6 [5]Rock RF fwd, [6]recover LF

7, 8 [7]Rock RF back, [8] recover LF (12:00)

### S3: R STEP, TOUCH, POINT OUT, TOUCH IN, L STEP, TOUCH, POINT OUT, TOUCH IN

1, 2	[1]Step RF to fwd-R diagonal, [2]touch LF beside RF
3, 4	[3]Point LF out to L side, [4] touch LF beside RF
5, 6	[5]Step LF to fwd-L diagonal, [6]touch RF beside LF
7, 8	[7]Point RF out to R side, [8] touch RF beside LF (12:00)

# S4: BACK, TOUCH, BACK, TOUCH, BACK, TOUCH, 1/4L, TOUCH

1, 2	[1]Step RF back, [2]touch LF beside RF
3, 4	[3]Step LF back, [4]touch RF beside LF
5, 6	[5]Step RF back, [6]touch LF beside RF

7, 8 [7]1/4L stepping LF to L side (9:00), [8]touch RF beside LF (9:00)

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