

# Grab That Thing

拍数: 40      墙数: 2      级数: Improver  
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音乐: Do Si Do - Flo Rida : (iTunes)



Intro: 8 counts, start approx 04 sec.

**S1: [1-8] Syncopated Fwd Rock ¼ R, L Shuffle Back, R Rock Back.**

1,2&      RF rock fwd (1), LF recover (2), RF step right ¼ right (3.00) (&).  
3,4      LF rock fwd (3), RF recover (4)  
5&6      LF step back (5), RF step beside LF (&), LF step back (6).  
7,8      RF rock back (7), LF recover (8).

(NB: Restart here in wall 4, after 8 counts, after start again).

**S2: [9-16] ¼ Monterey Turn R, R Out, L Out, R Back, L Together.**

1,4      Point R out to R (1), Pivot ¼ turn R (6.00) step Rf beside Lf (2), Point L out to L (3), Step Lf beside Rf (4).  
5,8      RF step out right (5), LF step out left (6), RF step back (7), LF step beside RF (8).

**S3: [17-24] R, L Syncopated Side Rocks, L Together, R Side Rock, R Cross, L Step ¼ L.**

1,2      RF rock right (1), LF recover (2).  
&      RF step beside LF (&).  
3,4      LF rock left (3), RF recover (4).  
&      LF step beside RF (&).  
5,6      RF rock right (5), LF recover (6).  
7,8      RF step across LF (7), LF step fwd ¼ left (3.00) (8).

**S4: [25-32] Step Fwd, Bounce ½ Turn L, R Rocking Chair ¼ L.**

1,4      Step fwd on R (1), raise both heels & bounce on balls of both feet 3 times to face 9.00 (your L foot will be in front of your R when done) (2-3-4).  
5,6      RF rock fwd (5), LF recover (6).  
7,8      RF rock back ¼ L (6.00) (7), LF Recover (8).

(NB: Restarts here in wall 2, 3 after 32 counts, after start again).

**S5: R Side Rock, L Weave, L Side Rock, L Sailor Fwd.**

1,2      RF rock right, (1), Recover on LF  
3&4      RF step behind Lf (3), LF step left (&), RF step across LF (4).  
5,6      LF rock left (5), RF Recover (6).  
7&8      LF step behind RF (7), RF step right (&), LF step fwd (8).

**REPEAT THE DANCE AND HAVE FUN!!**