Little Country Little Rock and Roll



拍数: 34 墙数: 2 级数: High Beginner

编舞者: Jun Chung (USA) - July 2023

音乐: A Little Bit Country-A Little Bit Rock 'N Roll - Donny & Marie Osmond



Intro: 20 counts (start after the lyrics "I am a little bit")

Sec 1) Diagonal Step L	lock Sten (R&I) R	Forward Mambo	I Coaster Sten

1&2	Step RF to R diagonal, Lock LF behind RF, Step slightly forward on RF
3&4	Step LF to L diagonal, Lock RF behind LF, Step slightly forward on LF
5&6	Step Rock RF forward, recover weight back onto LF, step RF back

7&8 Step back on LF, step RF next to LF, step forward with LF

Sec 2) Scissors Step Cross, Vine toward R with cross, paddle 1/8 (x2) left

1&2	Step RF to R step LF beside RF, cross RF over LF
3&4	Step LF to L step RF beside LF, cross LF over RF

5&6& Step RF to R step LF behind RF, step RF to R, cross LF over RF

7&8 1/8 left hitching R knee, Point R to R side, 1/8 left hitching R knee, Touch R

(tag and restart here on wall 3, 5 & 6)

Sec 3) R Forward Mambo, L Coaster Step, R Step Lock Step, Pivot ½ R, step RF Forward (Chase step)

1&2	Step Rock RF forward.	recover weight back	onto LF, step RF back

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3&4	Step back on LF, step RF next to LF, step forward on LF
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5&6 Step RF to R diagonal, Lock LF behind RF, Step forward on RF

7&8 Step LF to pivot ½ R, step LF forward

Sec 4) Toe, Heel, Cross (R & L) Jazz Box 1/4 turn R with touch

1&2	Touch R toe , touch R heel, cross RF over LF
3&4	Touch L toe , touch L heel, cross LF over RF

5,6 Cross RF over LF, step LF back

7,8 Turn ¼ R and step RF forward, step LF with touch next to RF

Sec 5) Hip bump (R, L, R,)

1&2 Bump hips R,L,R (option, Elvis Legs)

(1&2) Tag: Left Paddle 1/4 turn with RF touch next to LF @ 3rd, 5th and 6th wall after 16c and restart after tag

Ending: 8th Wall starting at 6'0, after 8 count, step RF forward to pivot ½ left to finish at 12.

Any questions? Contact at junlinedance@gmail.com

Last Update: 10 Nov 2023