

2 Rivers in the Valley (P)

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 0 级数: Beginner Partner
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音乐: River's Still Running - High Valley



Introduction : 16 counts – 1 restart

Start : Promenade position face LOD.

SECTION 1 LADY : HEEL L, TOUCH L, TRIPLE STEP LRL, HEEL R, TOUCH R, TRIPLE STEP RLR
SECTION 1 MAN : HEEL R, TOUCH R, TRIPLE STEP RLR, HEEL L, TOUCH L, TRIPLE STEP LRL

1.2 LADY : L heel forward - Touch L beside R
3&4 LADY : Step L forward - Step R together L - Step L forward
5.6 LADY : R heel forward - Touch R beside L
7&8 LADY : Step R forward - Step L next to R - Step R forward
1.2 MAN : R heel forward - Touch R beside L
3&4 MAN : Step R forward - Step L together R - Step R forward
5.6 MAN : L heel forward - Touch L beside R
7&8 MAN : Step L forward - Step R next to L - Step L forward

HANDS : At the end of this section the man and the lady release the hands.

SECTION 2 LADY : TRIPLE STEP 1/2 R, TRIPLE STEP 1/2 R, WALK, WALK, TRIPLE STEP FWD L
SECTION 2 MAN : TRIPLE STEP 1/2 L, TRIPLE STEP 1/2 L, WALK, WALK, TRIPLE STEP FWD R

1&2 LADY : Make 1/4 turn over R stepping L to the left - Step R together L - Make 1/4 turn over R stepping L backward (RLOD)
3&4 LADY : Make 1/4 turn over R stepping R to the right - Step L together R - Make 1/4 turn over R stepping R forward(LOD)
5.6 LADY : Step L forward – Step R forward
7&8 LADY : Step L forward - Step R next to L - Step L forward

*** Restart during the 3rd routine : Replace 7&8 by 7.8 : Step L FWD – Step R FWD**

1&2 MAN : Make 1/4 turn over L stepping R to the right - Step L together R - Make 1/4 turn over L stepping R backward (RLOD)
3&4 MAN : Make 1/4 turn over L stepping L to the left - Step R together L - Make 1/4 turn over L stepping L forward(LOD)
5.6 MAN : Step R forward – Step L forward
7&8 MAN : Step R forward - Step L next to R - Step R forward

*** Restart during the 3rd routine : Replace 7&8 by 7.8 : Step R FWD – Step L FWD**

HANDS : On count 5, take the Promenade position.

SECTION 3 LADY : 1/4 L SWAY R, SWAY L, TRIPLE SIDE R, ROCK STEP BACK L, TRIPLE IN 1/4 TURN R

SECTION 3 MAN : 1/4 R SWAY L, SWAY R, TRIPLE SIDE L, ROCK STEP BACK R, TRIPLE IN 1/4 TURN R

1.2 LADY : Make 1/4 turn over L ... Sway R - Sway L
3&4 LADY : Step R to the right - Step L next to R - Step R to the right
5.6 LADY : Rock backward on L - Replace on R
7&8 LADY : 1/8 turn over R... Step L forward - Step R next to L - 1/8 turn over R... Step L forward
1.2 MAN : Make 1/4 turn over R ... Sway L - Sway R
3&4 MAN : Step L to the left – Step R next to L - Step L to the left
5.6 MAN : Rock backward on R, replace on L
7&8 MAN : 1/8 turn over R... Step R forward - Step L next to R - 1/8 turn over R... Step R forward

**HANDS : On count 5 lady releases the left hand and takes the right hand of the partner with his right hand.
On count 7, raise hands to head height.**

SECTION 4 LADY : TRIPLE IN 1/2 TURN R, TRIPLE IN 1/2 TURN R, WALK R, WALK L, TRIPLE R FWD

**SECTION 4 MAN : TRIPLE IN 1/2 TURN R, TRIPLE IN 1/2 TURN R, 1/4 TURN R STEP L, 1/4 TURN R
STEP R, TRIPLE L FWD**

1&2 LADY : 1/4 turn over R... Step R forward - Step L next to R - 1/4 turn over R... Step R
forward

3&4 LADY : 1/4 turn over R... Step L forward - Step R next to L - 1/4 turn over R... Step L forward

5.6 LADY : Step R forward – Step L forward

7&8 LADY : Step R forward - Step L next to R - Step R forward

1&2 MAN : 1/4 turn over R... Step L forward - Step R next to L - 1/4 turn over R... Step L forward

3&4 MAN : 1/4 turn over R... Step R forward - Step L next to R - 1/4 turn over R... Step R forward

5.6 MAN : 1/4 turn over R ... Step L forward - 1/4 turn over R ... Step R forward

7&8 MAN : Step L forward - Step R next to L - Step L forward

HANDS : On count 5 release the hands and take the promenade position on the count 7.
