

Get Sh*t Done

COPPER **NOB**
BY STEPHEN

拍数: 32 墙数: 0 级数:
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音乐: Keep Up - RaeLynn



INTRO: 24 COUNTS - NO RESTARTS, NO TAGS

SEC 1: [1-8]. SKATE, SKATE, SHUFFLE STEP, L ¼ HITCH, COASTER STEP

- 1 – 2 Skate step RIGHT, skate step LEFT
- 3 & 4 Shuffle forward on RIGHT
- 5 – 6 Tap LEFT foot on ground, then turn ¼ to the left (Counter-Clockwise) on the RIGHT foot
- 7 & 8 Step back on LEFT, step back on RIGHT, step forward on LEFT

SECT 2: [9-16]. WIZARD STEP, WIZARD STEP, GRAPEVINE, TOUCH

- 1 – 2 & Step RIGHT foot forward, step LEFT foot quickly behind right foot, step RIGHT foot quickly forward
- 3 – 4 & Step LEFT foot forward, step RIGHT foot quickly behind left, step LEFT foot quickly forward
- 5 – 7 Grapevine to the RIGHT
- 8 Touch LEFT foot next to right, keeping weight on the RIGHT foot

SEC 3: [17-24]. L SAILOR STEP, R SAILOR STEP, HEEL STEP X 3, ¼ PIVOT

- 1 & 2 Step LEFT foot behind right foot, step RIGHT foot next to left, step LEFT out to the side
- 3 & 4 Step RIGHT foot behind left foot, step LEFT foot next to right, step RIGHT out to the side
- 5 & 6 & Tap LEFT heel out then step back together, tap RIGHT heel out then step back together
- 7 – 8 Tap LEFT heel, ¼ hop turn left (Counter-Clockwise) on RIGHT foot

SEC 4: [25- 32]. L SIDE SHUFFLE, R ¼ TURN, R SIDE SHUFFLE, ROCK RECOVER, STEP, DUST HANDS

- 1 & 2 Side shuffle to the LEFT
- 3 & 4 Turn ¼ right (Clockwise) while side shuffling to the RIGHT
- 5 – 6 Rock back on LEFT, then recover forward on RIGHT
- 7 & 8 Step and shift weight onto LEFT foot, clap hands twice as if wiping off dust