

Not Just the Weekend

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Low Intermediate
编舞者: Jennifer Hughes (AUS) - June 2023
音乐: Not Just for the Weekend - Damien Leith : (iTunes)



DANCE STARTS: 24 COUNT INTRO, WITH VOCALS ON THE WORDS "Long Time"

[1 – 6] WALTZ FORWARD, STEP SIDE, DRAG

1, 2, 3 Step fwd on L, Step R to beside L, Step L beside R
4, 5, 6 Step R to R side, Drag L toe towards R for 2 counts

[7 – 12] WALTZ FORWARD, STEP SIDE, DRAG

1, 2, 3 Step fwd on L, Step R to beside L, Step L beside R
4, 5, 6 Step R to R side, Drag L toe towards R for 2 counts 12.00

[13 - 18] ¼ STEP BACK, SWEEP, ¼ STEP SIDE, SWEEP

1, 2, 3 Turn 1/4R Step Back on L, Sweep R foot from front to side for 2 counts
4, 5, 6 Turn 1/4R Step R to R side, Sweep L foot from side to around in front of R for 2 counts 6.00

[19 – 24] CROSS WALTZ, STEP ACROSS, SWEEP SIDE

1, 2, 3 Step L across in front of R, Step R beside L, Step L beside R
4, 5, 6 Step R across in front of L, Sweep L foot from back to front for 2 counts

(Restart here on Wall 5)

[25 - 30] STEP ACROSS, ¼ STEP BACK, STEP BACK, STEP BACK, DRAG, HOOK

1, 2, 3 Step L across R, Turn ¼ L Step slightly back on R, Step slightly back on L
4, 5, 6 Step back on R, Drag L toe towards R, Hook L toe in front of R shin (Low Hook) 3.00

(Restart here on Wall 2 and Wall 7)

[31 - 36] STEP FORWARD, DRAG, STEP FORWARD, DRAG

1, 2, 3 Step fwd on L, Drag R toe towards L foot for 2 counts
4, 5, 6 Step fwd on R, Drag L toe towards L foot for 2 counts

(Restart here on Wall 10)

[37 - 42] STEP FORWARD, STEP FORWARD, PIVOT ½, STEP FORWARD, DRAG

1, 2, 3 Step fwd on L, Step fwd on R, Pivot Turn ½ L (weight on L)
4, 5, 6 Step fwd on R, Drag L toe towards R for 2 counts 9.00

[43 - 48] STEP FORWARD, STEP FORWARD, PIVOT ½, STEP FORWARD, DRAG

1, 2, 3 Step fwd on L, Step fwd on R, Pivot Turn ½ L (weight on L)
4, 5, 6 Step fwd on R, Drag L toe towards R for 2 counts 3.00

End of Sequence

Restarts:

- (1) On Wall 2, begin facing 3.00, restart after count 30 facing 6.00
 - (2) On Wall 5, begin facing 12.00, restart after count 24 facing 6.00
 - (3) On Wall 7, begin facing 9.00, restart after count 30 facing 12.00
 - (4) On Wall 10, begin facing 6.00, restart after count 36 facing 9.00
- Yes, I know!! But you can hear the restarts in the music!!

Finish: Occurs on Wall 14, begin facing 6.00, dance to count 19 (Step L over R, facing 12.00).

PS. Thanks to the "Thursday Riders" for their valuable input!

Choreographer Details: Jennifer Hughes: 0407 020 863 Email: northernriders1@aol.com
