

Excuse Me Mr. DJ

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Adrian Lefebour (AUS) - July 2023
音乐: Further Up (Na, Na, Na, Na, Na) - Static & Ben El & Pitbull



#8 count intro from the start of the song

[1-8] Side, Rock/Recover, Side, Rock/Recover, 1/2 Pivot, Together, 1/2 Pivot Together

1,2& Step R to R side, Rock L Back, Replace weight fwd on R
3,4& Step L to L side, Rock R back, Replace weight fwd on L
5,6& Step R fwd, 1/2 Pivot turn L, Step R next to L (weight on R)
7,8& Step L fwd, 1/2 Pivot turn R, Step L next to R (weight on L)

[9-16] Back Lock Back x2, Rock Back, Recover, Walk Fwd x2

1,2& Step R back, Drag L towards R then step L across R, Step R back
3,4& Step L back, Drag R towards L then step R across L, Step L back
5,6,7,8 Rock R back, Recover weight fwd on L, Walk R fwd, Walk L fwd TAG/RESTART

[17-24] Step Side, Touch Back, Step Side, Touch Back, 1/4 Turn Side, Touch Back, Side Shuffle

1,2 Step R to R side (swing R arm up in front of you to 1.00), Touch L slightly behind R (Swing R arm down to 5.00)
3,4 Step L to L side (Swing R arm up in front of you to 1.00), Touch R slightly behind L (Swing R arm down to 5.00)
5,6 1/4 Turn L step R to R side (swing R arm up in front of you to 12) (9.00), Touch L slightly behind R (Swing R arm down)
7&8 Step L to L side, Step R next to L, Step L to L side (L side shuffle)

[25-32] 1/4 Coaster Step, Lock Shuffle Fwd, Touch Side, Together, Touch Side, Together, Step Back/Drag, Together

1&2 1/4 Turn R step R back, Step L next to R, Step R fwd (12.00)
3&4 Step L fwd, Lock step R behind L, Step L fwd
5&6& Touch R toe to R side, Step R next to L, Touch L toe to L side, Step L next to R (weight on L)
7,8 Step R back as you drag L towards R, Step L next to R (weight on L)

[33-40] 1/8 Samba, 1/4 Samba, 1/8 Samba, Cross Rock, Side Rock

1&2 Cross/step R over L, Step L slightly to L turning 1/8 turn R, Step R back (1.30)
3&4 Step L behind R, Step R to R turning 1/4 turn R, Step L forward (4.30)
5&6 Cross/step R over L, Step L slightly to L turning 1/8 turn R, Step R to R side (6.00)
7&8& Cross rock L over R, Recover weight on R, Rock L to L side, Recover weight on R

[41-48] Behind, Side, Cross, 1/8 Side, Together, Pop Heels, Cross, Side, Behind, 1/4 Turn, Together, Pop Heels

1&2& Step L behind R, Step R to R side, Step L across R, 1/8 turn L step R to R side (4.30)
3&4 Step L next to R, Lift both heels up, Drop heels down
5&6& Step R over L (straighten up to 6.00), Step L to L side, Step R behind L, 1/4 turn L Step L fwd (3.00)
7&8 Step R next to L, Lift both heels up, Drop heels down

[49-56] Kick Fwd, Together, Touch Side x2, 1/4 Kick Fwd, Together, Touch Side, Together, Cross Step, Pop Heels

1&2 Kick R fwd, Step R next to L, Touch L toe to L side
3&4 Kick L fwd, Step L next to R, Touch R toe to R side
5&6 1/4 turn R Kick R fwd, Step R to centre, Touch L toe to L side (6.00)

&7&8 Step L next to R, Step R across/front of L, Lift both heels up, Drop both heels down (weight on R)

[57-64] Rock Side, Recover, Step Across x2, Step Back, Together, Shuffle Fwd

1&2 Rock L to L side, Recover weight on R, Step L across R

3&4 Rock R to R side, Recover weight on L, Step R across L

5,6 Step L back, Step R next to L

7&8 Step L fwd, Step R next to L, Step L fwd (L Shuffle fwd)

Start Again!

Tag/Restart: During the second wall. Dance to count 14, then do a 1/2 Pivot Turn L and restart the dance to the 12 o'clock wall.

Ending: During the 5th wall, dance to count 32, then stomp R fwd to finish at the front wall.

Adrian Lefebour - alefebour@gmail.com

Last Update - 24 July 2023
