

# Catching Up

**COPPER** KNOB  
STEP SHEETS

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Noah Sierra (USA) - July 2023  
音乐: FNF - Stray Kids



Intro counts: 32 counts

## ROCK R, ¼ TURN, COASTER R, WALK L/R, SCISSOR STEP L.

- 1-2      Rock RF to R side, step/recover on LF.  
3&4      Step RF back, step LF on RF, step RF forward (perform counts 3&4 while turning ¼ over R shoulder).  
5-6      Walk LF forward, walk RF forward.  
7&8      Push/rock LF to L side, step/recover on RF, cross LF over RF.

## ROCK R, WEAVE L, SAILOR L, KICK/BALL/STEP.

- 1-2      Rock RF to R side, step/recover on LF.  
&3&4      Cross RF behind LF, step LF to L side, cross RF over LF, touch LF to L.  
5&6      Rock/step LF behind RF, step/recover on LF, step LF on RF.  
7&8      Kick RF forward, step RF on LF, cross LF over RF.

## SHUFFLE R, SHUFFLE L, ½ PIVOT, SHUFFLE R BACK.

- 1&2      Shuffle to R side (R,L,R) while turning 1/8 quarter turn over L shoulder.  
3&4      Shuffle to L side (L,R,L) while turning 1/8 quarter turn over L shoulder.  
5-6      Step RF forward, turn ½ pivot over L shoulder.  
7&8      Shuffle R backward (R,L,R).

## SHUFFLE L BACK, ROCK R, FULL TURN, HEEL SPLIT.

- 1&2      Shuffle L backward (L,R,L).  
3-4      Rock RF back, step/recover on LF.  
5-6      Walk forward (R,L) while doing a full turn over L shoulder (turn is optional).  
7&8      Step RF on LF, swivel on balls of both feet to move heels apart and move heels together.

For those that are unsure, 1/8 quarter is just half a quarter turn.  
You should be facing diagonally after one and facing the wall on your left after performing two.

**NO TAGS/RESTARTS.**

Please do not alter this step sheet in any way.  
If you would like to use on your website, please make sure it is in its original format and include all contact details on this script.

Email: [noah.sierra.business@gmail.com](mailto:noah.sierra.business@gmail.com)