

Long Way Home

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Gudrun Schneider (DE) - July 2023
音乐: Long Way Home - Walk Off the Earth & Lindsey Stirling



The dance starts with Intro (S5 + S6) after 16 counts with lyric.

Sequence: Intro 16, 48, 32, 32, 48, 32, 48

S1: CROSS SAMBA R+L, CROSS ¼ TURN R, CHASSÉ R

1&2 RF cross over LF, step LF left, recover on RF
3&4 LF cross over RF, step LR right, recover on LF
5-6 RF cross over LF, ¼ turn right – LF step back (3:00)
7&8 RF step right, LF step beside RF, RF step right

S2: CROSS, SIDE R, BEHIND & HEEL, & CROSS SIDE L, SAILOR STEP WITH ¼ TURN R

1-2 LF cross over RF, RF step right
3&4 LF step behind RF, RF step beside LF, LF heel diagonally forward
&5-6 LF step beside RF, RF cross over LF, LF step left
7&8 ¼ turn right – RF step behind LF, LF step beside RF, RF step forward (6:00)

S3: STEP-LOCK, STEP-LOCK-STEP, POINT R, ¼ TURN R, SIDE ROCK & CROSS

1-2 LF step forward, RF cross behind LF
3&4 LF step forward, RF cross behind LF, LF step forward
5-6 RF point right, ¼ Turn right, RF step beside LF (9:00)
7&8 LF step left, recover on RF, LF cross over RF

S4: ¼ TURN L 2x, CROSS SHUFFLE, SIDE ROCK L, COASTER STEP

1-2 ¼ turn left – RF step back (6:00), ¼ turn left – LF step left (3:00)
3&4 RF cross over LF, LF step left, RF cross over LF
5-6 LF step left, recover on RF
7&8 LF step back, RF step beside LF, LF step forward

RESTART wall 2, 3, 5

S5: WALK R+L, SHUFFLE FWD, ROCK STEP, CHASSÉ WITH ¼ TURN L

1-2 RF step forward, LF step forward
3&4 RF step forward, LF step beside RF, RF step forward
5-6 LF step forward, recover on RF
7&8 ¼ turn left – LF step left, RF step beside LF, LF step left (12:00)

S6: JAZZBOX, STEP ½ TURN L, STEP ¼ TURN L

1-2 RF cross over LF, LF step back
3-4 RF step beside LF, LF step forward
5-6 RF step forward, ½ turn left (6:00)
7-8 RF step forward, ¼ turn left (3:00)

Have Fun!

Contact: gudrun@gudrun-schneider.com,

Music-Links:

Amazon DE:

https://amazon.de/music/player/albums/B0C7HKS3TK?marketplaceId=A1PA6795UKMFR9&musicTerritory=DE&ref=dm_sh_yTDcvU9G9pYmwrvNftvLBMsXb&trackAsin=B0C7HLZQDD

Apple Music DE:

<https://music.apple.com/de/album/long-way-home/1691746519?i=1691746530>
