

The Wind is My Song

COPPER KNOB
STEPSHETS

拍数: 32 墙数: 2 级数: Beginner
编舞者: Pat Newell (USA) - July 2023
音乐: That's Where I Belong - Alan Jackson



Senior Starter Series

Learning: Rumba Box, Steps forward and back with touches, 1/4 monterey turns, hips bumps

#32 in count

RUMBA BOX

1-4 Step R together L, step back on R, touch L

5-8 Step L together R, step fwd on L, touch R

WALK FORWARD AND BACK

1-4 Walk fwd, R, L, R, touch L

5-8 Walk back L, R, L, touch R

TWO RIGHT 1/4 MONTEREY TURNS 6:00

1-4 Point R turn 1/4 R step on R, point L, step on L 3:00

5-8 Point R turn 1/4R step on R, point L, step on L 6:00

HIP, HOLD, HIP HOLD, HIPS R, L, R, L.

1-4 Bump R hip to R, hold, bump L to L, hold

5-8 Bump hips R, L, R L (weight on L)

DANCE FOR THE HEALTH OF IT
