

# Only the Fast

COPPER KNOB  
STEPSHEETS

拍数: 128      墙数: 1      级数: Phased Intermediate  
编舞者: Ilaria Spinetti (IT) - June 2023  
音乐: Only the Fast - Roosevelt Road



## TAG 1: 32 count

### ROCK, CROSS SIDE CROSS, X2

1-2            R side rock, L step in place  
3&4           R cross behind L, L step left, R cross over L  
5-6           L side rock, R step in place  
7&8           L cross behind R, R step right, L cross over R

### TOE STRUT X2, ROCK, TOE STRUT ½ TURN

1-2           touch R toe fwd, weight on R hip bump  
3-4           touch L toe fwd, weight on L hip bump  
5-6           R rock fwd, L step in place  
7-8           R toe touch back, ½ turn right weight on R

### ROCK, CROSS SIDE CROSS, X2

1-2           L side rock, R step in place  
3&4           L cross behind R, R step left, L cross over R  
5-6           R side rock, L step in place  
7&8           R cross behind L, L step right, R cross over L

### TOE STRUT X2, ROCK, STEP, STOMP UP

1-2           touch L toe fwd, weight on L hip bump  
3-4           touch R toe fwd, weight on R hip bump  
5-6           L rock fwd, R step in place  
7-8           L step back, R stomp up beside L (6:00)

## PART A: 32 count

### STOMP X2, ¼ JAZZ BOX TURN

1-2           R stomp diagonal fwd, hold  
3-4           L stomp left, hold  
5-6           R cross over L, L step behind  
7-8           R step R ¼ turn right, L step fwd (9:00)

### STEP TOUCH X2, ½ MONTEREY, CROSS

1-2           R step fwd, L toe touch left  
3-4           L step fwd, R toe touch right  
5-6           ½ turn right weight on R, L toe touch left  
&7-8          L step beside R, R cross over L, hold

### KICK BALL CROSS X2, ROCK, ¾ TRIPLE STEP

1&2           L kick left diagonal fwd, L step beside R, R cross over L  
3&4           L kick left diagonal fwd, L step beside R, R cross over L  
5-6           L rock left, R step in place  
7&8           L step behind R ¼ turn left, R step in place ¼ turn left, L step in place ¼ turn left (6:00)

### STEP & STEP, TOUCH X2, CROSS, ½ UNWIND

1-2           R step right, hold

- &3-4 L step beside right, R step right, hold
- 5-6 L heel touch fwd, L toe touch left
- 7-8 L cross behind R, unwind ½ turn left (12:00)

**PART B: 32 count**

**KICK BALL TOUCH X2, HEEL TOUCH X2, SCUFF HITCH, POINT**

- 1&2 R kick fwd, R step beside L, L toe touch left
- 3&4 L kick fwd, L step beside R, R toe touch right
- 5&6& R heel touch fwd, L heel touch fwd, L recover
- 7&8 R scuff, R hitch, R toe point back

**½ TURN R, SHUFFLE ¼ TURN X2, COASTER STEP**

- 1-2 ½ turn R
- 3&4 L step left ¼ turn right, R step beside left, L step left (9:00)
- 5&6 R step back ¼ turn right, L step beside right, R step back (12:00)
- 7&8 L step back, R step beside L, L step fwd

**STEP LOCK STEP SCUFF X2**

- 1-2 R step right diagonal fwd, L cross behind R
- 3-4 R step right diagonal fwd, L scuff beside R
- 5-6 L step left diagonal fwd, R cross behind L
- 7-8 L step left diagonal fwd, R scuff beside L

**OUT, BUMP, KICK, CROSS, 1 TURN UNWIND, BODYROLL**

- 1-2 R step out, hip bump right (bend knees)
- 3-4 L kick fwd, L cross over R
- 5-6 unwind 1 turn right
- 7-8 bodyroll

**TAG 2: 32 count (16count x2)**

**¼ WAVE TURN, ¼ STEP TURN, SCUFF HITCH STOMP**

- 1-2 R step right ¼ turn left, L cross behind R (9:00)
- 3-4 R step right, L cross over R
- 5-6 R step right, weight on L ¼ turn left (6:00)
- 7&8 R scuff beside L, R hitch, R stomp in place

**STOMP, TOE HEEL X2, SCUFF, SCOOT KICK X2**

- 1-2 L stomp fwd, R toe touch beside L
- &3&4 R step back, L heel touch in place, L recover, R toe touch beside L
- &5&6 R step back, L heel touch in place, L recover, R scuff beside L
- &7&8 jump on L, R kick fwd, jump on L, R kick fwd

**¼ WAVE TURN, ¼ STEP TURN, SCUFF HITCH STOMP**

- 1-2 R step right ¼ turn left, L cross behind R (3:00)
- 3-4 R step right, L cross over R
- 5-6 R step right, weight on L ¼ turn left (12:00)
- 7&8 R scuff beside L, R hitch, R stomp in place

**STOMP, TOE HEEL X2, SCUFF, SCOOT KICK X2**

- 1-2 L stomp fwd, R toe touch beside L
- &3&4 R step back, L heel touch in place, L recover, R toe touch beside L
- &5&6 R step back, L heel touch in place, L recover, R scuff beside L
- &7&8 jump on L, R kick fwd, jump on L, R kick fwd

**FINALE:**

- 1 R step right (weight on both feet)
  - 2-3-4-5-6-7 hold
  - 8 ½ turn upper body left and bend knees
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