

Make It Feel Alright

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Widya MOVEVERE (INA) - July 2023
音乐: Family Affair - Mary J. Blige



INTRO : 32 C

Start on Vocal, No Tag, No Restart

S1. KICK BALL SIDE TOUCH R/L, ANCHOR R/L

1&2 = Kick R Forward (1), Step R Ball beside L (&), L side touch (2)
3&4 = Kick L Forward (3), Step L Ball beside R (&), R side touch (4)
5&6 = Rock R Back (5), Recover on L (&), Rock Back R (6)
7&8 = Rock L Back (7), Recover on R (&), Rock Back L (8)

S2. VAUDEVILLE R/L, CROSS, BACK , 1/4 R CHASE

1&2& = Cross R over L (1), Step diagonally Back L on L (&), Touch R heel diagonally Forward (2),
Step R in place (&)

#you can do the option for voundeville with heel-toe-heel-step R/L

3&4& = Cross L over R (3), Step diagonally Back R on R (&), Touch L heel diagonally Forward (4),
Step L in place (&)
5,6 = Cross R over L (5), L back (6)
7&8 = 1/4 R to side (7), L together(&) , R to side (8)

S3. SIDE ROCK RECOVER, 1/4 L SAILOR STEP, FORWARD R/L, PIVOT 1/4 L

1,2 = Rock L to side (1), Recover on R (2)
3&4 = 1/4 Turn L behind R (3), Step R to side (&), Step L in place (4)
5,6 = Step R Forward (5), Step L Forward (6)
7,8 = Step R Forward (7), Pivot 1/4 turn L (8)

S4. FORWARD MAMBO, BACK MAMBO, SCISSOR R/L

1&2 = Step R Forward (1), Step L in place (&), Step R Back (2)
3&4 = Step L Forward (3), Step R in place (&), Step L Forward (4)
5&6 = R to side (5), L together (&), Cross R over L (6)
7&8 = L to side (7), R together (&), Cross L over L (8)

Enjoy the Dance.

Contact Me : (widya7895@gmail.com)