

Middle Ground

COPPER KNOB
BY STEPHENETS

拍数: 24 墙数: 4 级数: Beginner
编舞者: Marianne Langagne (FR) - 2 July 2023
音乐: Middle Ground - Maroon 5



Intro : Begin at 43 Secondes

For Alizée

Starting Position : Weight on RF - L Point Fwd (Straight Leg)

S1 BACK, ½ TURN - WALK R – L, STEP FWD, SWEEP FWD

1-2-3 LF Back, ½ Turn R – RF Fwd (6:00), LF Fwd
4-5-6 RF Fwd, Slide L Point Back to Front forming ½ Circle

S2 CROSS, POINT R TO R, HITCH (OUT), SAILOR STEP

1-2-3 Cross LF over RF, R Point to the R, Hitch RF (turning R Knee out)
4-5-6 Cross RF behind LF, LF to the L, RF to The R – Here Restart Wall 4 (facing 3:00)

S3 CROSS BEHIND, SIDE ROCK, BEHIND, ¼ TURN- STEP FWD, STEP FWD

1-2-3 Cross LF behind RF, RF to the R, Recover on LF
4-5-6 RF Behind LF, ¼ Turn L – LF Fwd (3:00), RF Fwd

S4 BASIC WALTZ FWD, LARGE BACK, DRAG

1-2-3 LF Fwd, Together (weight on RF), Recover on LF
4-5-6 Large Step Back RF, Slide L Plant next to RF in 2 counts (Stay on RF)

FINAL : The dance ends at count 9, continue with : BEHIND, ¼ Turn L – LF Fwd, Touch RF behind LF

Thanks to Alizée for her trust to request me to write on this wonderful music. The lyrics of this beautiful melody touched me and the start at 43 seconds allows you to listen to it and savor it before dancing.

Moove, Dance & have Fun

Contacts : Marianne Langagne : eujeny_62@yahoo.fr Site Web : www.mariannelangagne.fr