Side Effects



音乐: Side Effects - Becky Hill & Lewis Thompson



Intro: 16 counts, approximately 8 seconds in, starting on the lyric "thinking."

Tag: At the end of wall 4.

5678

[1 - 8] Step R v	vith Swivels, Stamp L, ¼ Turn Left Kick, Step L with Swivels, Stamp R, ½ Turn Right Hook
1 & 2	Step R forward [1]. Swivel both heels right [&]. Swivel both heels back to center (keeping weight on R) [2].
3 4	Stamp (stomp without placing weight) L next to R without weight [3]. Turn $\frac{1}{4}$ left while kicking L forward [4] (9:00).
5 & 6	Step L forward [5]. Swivel both heels left [&]. Swivel heels back to center (keeping weight on L) [6].
7 8	Stamp R next to L without weight [7]. Hook R across L while making a $\frac{1}{2}$ turn right [8] (3:00).
[9 - 16] Camel walk x4, Sailor R, ¼ Turn Left Sailor L	
1234	Step R forward while popping left knee forward [1]. Step L forward while popping right knee
	forward [2]. Repeat for [3] and [4].
5 & 6	
5 & 6 7 & 8	forward [2]. Repeat for [3] and [4].
7 & 8	forward [2]. Repeat for [3] and [4]. Step R behind L [5]. Step L to left side [&]. Step R to right side [6]. Step L behind R [7]. Step R to right side making a ¼ turn left [&] (12:00). Step L to left side

left [7]. Hold [8].

Step L forward diagonally to the left [5]. Lock R behind L [6]. Step L forward diagonally to the

[25 - 32] Right Heel Grind ¼ Turn Right, Step Back L, R (Toe Fans), "U" Bump, Syncopated Rocking Chair

Grind right heel making a ¼ turn right [1] (3:00). Step back on L while fanning right toes out

[2].

3 4 Step back on R while fanning left toes out [3]. Step left foot next to right [4].

Bend knees slightly and scoop hips from right to left as you straighten knees (hips move clockwise) over two beats [5,6].

7 & 8 & Rock forward on R [7]. Recover on L [&]. Rock back on R [8]. Recover on L [&].

[Tag] Step R with Hip Bumps, Step L with Hip Bumps

1 & 2 Step R forward diagonally to the right while bumping hips right [1]. Return hips to center [&] Bump hips right [2].

3 & 4 Step L next to R while bumping hips left [3] Return hips to center [&]. Bump hips left [4]