

I Love Rock n Roll

COPPERKNOB
STEPPERS

拍数: 32 墙数: 4 级数: High Beginner
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音乐: I Love Rock n Roll (feat. Megan Rüger) - Moccasin Creek



Intro: 16 counts

Section 1: TOE-HEEL STOMP R-L, MAMBO FORWARD, COASTER STEP

1&2 Touch R toe beside LF knee pointing L, tap R heel forward toe pointing R, RF stomp fwd
3&4 Touch L toe beside RF knee pointing R, tap L heel forward toe pointing L, LF stomp fwd
5&6 RF rock forward, recover on LF, RF step back
7&8 LF step back, RF step beside LF, LF step forward

Section 2: WALK R-L, HEEL TWIST R, LOCK/STEP BACK, ½ TURN L SHUFFLE FWD

1-2 RF step forward, LF step forward
3&4 RF step forward, twist both heels to the right, twist back to center
5&6 RF step back, cross/step LF over RF, RF step back
7&8 ½ turn L stepping LF forward, RF step next to LF, LF step forward

RESTART HERE ON 5TH WALL

Section 3: SIDE, BEHIND & HEEL, CROSS, SIDE BEHIND & HEEL & CROSS

1-2& RF step to R side, LF step behind RF, RF step beside LF
3&4 LF touch heel angle L, LF step beside RF, RF cross over LF
5-6& LF step to L side, RF step behind LF, LF step beside RF
7&8 RF touch heel angle R, RF step beside LF, LF cross over RF

Section 4: STOMP, KICK ¼ TURN L, COASTER STEP, SHUFFLE FWD, 3X RUNS FORWARD

1-2 RF stomp fwd, kick LF to left turning ¼ to left
3&4 LF step back, RF step beside LF, LF step forward
5&6 RF step forward, LF step beside RF, RF forward
7&8 3 little runs forward: Step L fwd, Step R forward, Step L Forward

RESTART : ON 5TH WALL, AFTER 16 COUNTS (FACING 6 O'CLOCK)

ENJOY!!

Last Update: 7 Jul 2023