

One More Chance

COPPER KNOB
STEPPERS

拍数: 32 墙数: 2 级数: Improver / Intermediate
编舞者: Judy Rodgers (USA) - June 2023
音乐: One More Chance (Edited Album) - Maxi Priest : (Album: One More Chance)



Note: also on 'The Best of Maxi Priest' - song is 5:27 long, intro is 32 (or .026 sec)

#16 count intro (on word there's) No tags or Restarts

S1: Side, behind side, cross rock side cross, side, behind side, cross turn 1/4 R back

1 Step R to right side
2& Step L behind R, step R to right side
3&4& Cross/rock L over R, recover R, step L to left side, cross R over L
5 Step L to left side
6& Step R behind L, step L to left side
7&8 Cross R over L, turn 1/4 R step L back, step R back 3:00

S2: Side, back rock, side behind turn 1/4 R, turn 1/2 R turn 1/2 R, step turn 1/4 R cross

1 Step L big step to left side
2& Rock R back behind L, recover L
3&4 Step R to right side, step L behind R, turn 1/4 right step R fwd 6:00
5-6 Turn 1/2 right step L back, turn 1/2 right step R fwd
7&8 Step L fwd, turn 1/4 right step R to right side, cross L over R 9:00

S3: Side, behind side, rocking chair, cross, turn 1/4 L turn 1/4 L, mambo step

1 Step R to right side
2& Step L behind R, step R to right side
3&4& Rock L fwd to right diagonal, recover R, rock L back, recover R
5 Cross L over R
6& Turn 1/4 left step R back, turn 1/4 left step L to left side 3:00
7&8 Rock R fwd, recover L, step R beside L

S4: & heel hold, & toe & heel, & walk walk, step turn 1/4 R together

&1-2 Step L back, tap R heel fwd, hold
&3&4 Step R down, tap L toe beside R, step L back, tap R heel fwd
&5-6 Step R down, walk fwd L, R
7&8 Step L fwd, turn 1/4 right step R to right, step L beside R 6:00