

Good Stuff, Easy

COPPER KNOB
BY SHEETS

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Runa (DK) - June 2023
音乐: Good Stuff - Andrew Kingslow, Henry Parsley, Laura Dowling & Louis Edwards :
(album : Detroit Soul)



Intro: 32 count

RESTART: wall 4 after 16 count facing 12:00

S1. Monterey ¼ turn R, Lindy R

1-2 Point R to R side, make a ¼ turn R stepping R beside L (3:00)
3-4 Point L to L side, step L beside R
5&6 Step R to R side, step L beside R, step R to R side
7-8 Rock back on L, recover on R

S2. Side, together, fwd shuffle, rocking-chair

1-2 Step L to L side, step R beside L
3&4 Step fwd on L, step R beside L, step fwd on L
5-6 Rock fwd on R, recover on L
7-8 Rock back on R, recover on L

S3. Jazz-box with cross ¼ turn R, roling vine, touch

1-2 Cross R over L, step back on L
3-4 Step R to R side ¼ turn R, cross L over R (6:00)
5-6 Step R to R side ¼ turn L (3:00), step back on L ½ turn L (9:00)
7-8 Step fwd on R ¼ turn L, touch L beside R (6:00)

Easier option count 5-7 : Vine (step R to R side, step L behind R, step R to R side)

S4. Side, behind, ¼ turn L, fwd, touch beside R toes and hip-bump twice to R, change and hip-bump twice to L

1-2-3 Step L to L side, step R behind L, step L to L side ¼ turn L (3:00)
4 Step R fwd
5-6 Touch L toes beside R toes and hip-bump twice to R
7-8 Drop L heel while raising R heel and hip-bump twice to L

ENDING: Last wall 10 starts facing 3:00. Dance the first 6 count. Now step back on L ¼ turn L, step fwd on R ¼ turn L and touch L beside R to end the dance facing - 12:00.