

VingleVingle (빙글빙글)

COPPERKNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Phrased Improver
编舞者: Russibell Seoh (KOR) - June 2023
音乐: VingleVingle - HEIZE (헤이즈)



Intro : 32 Counts

Tag : 4 Counts , JazzBox

1234 Cross R Over L, L Back, R Side , Cross L Over R

Part A : 32 Counts

Part B : 32 Counts

Sequence : A A A B A A A B A Tag (4) , B

Part A : 32 Counts

A Sec1: Fwd Walk R L R L , 1/4 L Turn R Side & Slow Hip Sway R L

1234 Fwd Walk R L R L

5678 1/4 L Turn R Side & Slow Hip Sway R L (9:00)

A Sec2 : Traveling Botafogos ,R Back , Hip Bump L , L Back , Hip Bump R

1&2 Cross R Behind L , L Side Rock , Recover On R

3&4 Cross L Behind R , R Side Rock , Recover On L

5 6 R Back , Hip Bump L

7 8 L Back , Hip Bump R

A Sec3 : R Back Rock , Recover On L , 1/2 L Turn R Shuffle Back , 1/2 L Turn L Shuffle Fwd , R Fwd, 1/4 R Turn Step L Side

1 2 R Back, Close L Next To R

Styling : Extend both hands straight above your head.

3&4 1/4 L Turn R Side, Close L Next To R , 1/4 L Turn Step L Back

5&6 1/4 L Turn L Side , Close R Next To L , 1/4 L Turn Step L Fwd

7 8 R Fwd, 1/4 R Turn Step L Side (12:00)

A Sec4 : 1/4 R Turn Sailor , Out Out , Coaster , 1/4 L Paddle Twice

1&2 Cross R Behind L , 1/4 R Turn L Side (3:00) , R Fwd

3 4 Step L To L Diagonal Fwd , Step R To R Diagonal Fwd

5&6 L Back, Close R next To L, L Fwd

7 8 1/4 L Turn Point R To R (12:00) , Repeat (9:00)

Part B : 32 Counts

B Sec1 : R Side, Together , R Side , Touch L Next To R , L Vine , Touch R Beside L

1 2 R Side & Turn Head To R , Step Close L Next To R & Turn Head To L

3 4 R Side & Turn Head a Clockwise , Touch L Beside R

5678 L Side, Cross R Behind L, L Side , Close R Next To L

Styling : Stretch your right hand over your head, straighten your index finger, and walk to the left.

B Sec2 : 1/4 R Turn Step L Side Press The Ball Of R Foot & Twist To R Three Times , In Place R , Hip Sway R L , R Side & Hand Movement

1234 1/4 R Turn Step L Side Press The Ball Of R Foot To R Side & Twist To R Four Times At This Time, Twist The Raised Heel Three Times Inward , In Place R

Styling : Draw a circle with your right index finger four times in a clockwise direction.

5 6 Close L Next To R & Hip Sway R , Hip Sway L

Styling : Place your right hand lightly on your head & tilt your head in the order of right and left.

7 8 R Side & Hand Movement

Styling : Bend your upper body, cross your hands, and shake them up and down.

B Sec3 :Close L Next To R & Hip Sway L R L Center & AntiClockwise Head Turn , Hip Sway R L R L & Clockwise Head Turn

1234 Close L Next To R & Clockwise Head Turn For Four Counts

5678 Anti Clockwise Head Turn For Four Counts

B Sec4 : As R Knee Bends, Upper Body Goes Down & Comes Up, 1/4 R Turn As L Knee Bends, Upper Body Goes Down & Comes Up, Body Wave R L R L

12 As R Knee Bends, Upper Body Goes Down , Upper Body Comes Up

34 1/4 R Turn As L Knee Bends, Upper Body Goes Down , Upper Body Comes Up

5678 Head Sway R L R L

Styling : Shake your head in the same direction as your body.

Enjoy The Dance !!

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