

Dive In Deep

COPPER KNOB
BY STEPHEN METZ

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Fred Whitehouse (IRE) - June 2023
音乐: I Give Everything - Ryland James



Intro: 16 Counts, Start at approx 9 secs

SEC 1: Step Diagonal, Side, Sailor Step, Weave, Side Slide, Together Flick

1-2 Step right to right diagonal, step left to left
3&4 Step right behind left, step left to left, step right to right
5&6 Step left behind right, step right to right, cross left over right
7-8 Step right to right sliding left towards right, step left beside right flicking right back

SEC 2: Cross Rock, Ball Cross, ½ Chug Turn, Step, Lock

1-2 Cross rock right over left, recover weight onto left
&3 Step right beside left, cross left over right
4-5-6 Press right to right, turn ¼ left press right to right, turn ¼ left press right to right (6:00)
7-8 Step right forward, lock left behind right popping right knee forward

SEC 3: Walk, Walk, ½ Sailor Turn, Rock, Sweep, Coaster Cross

1-2 Step right forward, step left forward
3&4 Turn ½ right step right behind left, step left to left, step right forward (12:00)
5-6 Rock left forward, recover weight onto right sweeping left from front to back
7&8 Step left back, step right beside left, cross left over right

SEC 4: Hitch & Sit, Side Body Roll, Hip & Hip, Ball Cross, ¾ Run Around

1&2 Hitch right knee, step right to right, bump hip to right
3 Body roll to left transferring weight onto left
4&5 Bump right hip to right, return hips to center, bump right hip to right
&6 Step left beside right, cross right over left
7&8 Turn ¼ left step left forward, turn ¼ left step right forward, turn ¼ left step left forward (3:00)
