

Have You Seen My Heart?

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Improver
编舞者: Diana Oglesby (USA) - June 2023
音乐: Left My Heart Behind (feat. Meg McRee) - Vinnie Paolizzi



Intro: 16 Counts, start with weight on L

***3 Tags, see instructions below

S1 (1-8) R-L STEP-TOUCH, R BACK COASTER, HOLD

1-4 Step R side (1), touch L together (2), step L side (3), touch R together (4)

5-8 Step R back (5), step L back (6), step R forward (7), hold (8)

S2 (9-16) L-R MAMBO-CROSS WITH HOLDS

1-4 Rock L side (1), recover to R (2), cross L over (3), hold (4)

5-8 Rock R side (5), recover to L (6), cross R over (7), hold (8)

S3 (17-24) L-R STEP-SCUFF, ROCK L FWD, RECOVER, TURN ¼ L, TOUCH R

1-4 Step L forward (1), scuff R forward (2), step R forward (3), scuff L forward (4)

5-8 Rock L forward (5), recover to R (6), turn ¼ L and step L side (7), hold (8) (9:00)

S4 (25-32) R JAZZ BOX-CROSS, SLOW R SIDE SHUFFLE, HOLD

1-4 Cross R over (1), step L back (2), step R side (3), cross L over (4)

5-8 Step R side (5), step L together (6), step R side (7), hold (8)

S5 (33-40) L ROCKING CHAIR, L-R-TOE-HEEL STRUTS,

1-4 Rock L forward (1), recover to R (2), rock L back (3), recover to R (4)

5-8 Touch L toe forward (5), lower L foot (6), touch R toe forward (7), lower R foot (8)

S6 (41-48) L FWD, ½ R and R FWD, L FWD, HOLD, R FWD, ½ L and L FWD, ¼ L and R SIDE, HOLD

1-4 Step L forward (1), turn ½ R and step R forward (2), step L forward (3), hold (4)

5-8 Step R forward (5), turn ½ L and step L forward (6), turn ¼ L and step R side (7), hold (8)

S7 (49-56) ROCK L BEHIND, RECOVER, L TOGETHER, HOLD, ROCK R BEHIND, RECOVER, R TOGETHER, HOLD

1-4 Rock L behind (1), recover to R (2), step L together (3), hold (4)

5-8 Rock R behind (5), recover to L (6), step R together (7), hold (8)

S8 (57-64) TOUCH L TOE OVER, L TOGETHER, TOUCH R TOE OVER, R TOGETHER, L BACK COASTER, HOLD

1-4 Touch L toe over (1), step L together (2), touch R toe over (3), step R together (4)

5-8 Step L back (5), step R back (6), step L forward (7), hold (8)

REPEAT

***3 Tags – in all cases, the tag is a R toe fan. For each tag, you will be facing 6:00

- Tag #1 –end of wall 1 – R toe fan for 10 counts
- Tag #2 – end of wall 3 – R toe fan for 4 counts
- Tag #3 - end of wall 5 - R toe fan for 8 counts

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