

Grab Yo' Partner

COPPER KNOB
STEPPERS

拍数: 84
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音乐: Do Si Do - Flo Rida

墙数: 2

级数: Phrased Improver - Contra



Sequence: A, A, B, A, A, B, A, A

Intro: 8 Counts – Weight starts left foot, stand slightly right of your partner facing each other with about 4 feet of distance between you.

This dance also works 100% as a non-contra line dance.

PHRASE A (36 Counts)

[1 -8] Step, Kick, Back, Touch, Triple Step x2

- 1-2 Step RF forward, Kick LF
- 3-4 Step LF back, Touch RF back (Note: Incorporate Charleston styling if able!)
- 5-6 Step RF forward, Step LF next to RF, Step RF forward
- 7-8 Step LF forward, Step RF next to LF, Step LF forward

Note: Begin prepping to link left arm with your partner at the end of this section.

[9-16] 'Do-Si-Do', Grapevine R

- 1-4 Lock left arms with partner while walking/skipping around them 360° counter-clockwise R L R L (Note: If no partner, 2 half pivots work in place)
- 5-6 (release arms) Step RF to R w/ ¼ turn L, Cross LF behind RF
- 7-8 Step RF to R, Touch LF next to RF

[17-24] Step, Touch, Step, Touch, Step Hip Bumps, Ball, Step Hip Bumps

- 1-2 Step LF to L, Touch RF next to LF
- 3-4 Step RF to R, Touch LF next to RF
- 5-6 Step LF to L while bumping hips L x2
- &7-8 Ball RF next to LF, Step LF to L while bumping hips L x2

[25-32] Weave, Cross Shuffle, L Side ¼ Twist

- 1-2 Cross RF over LF, Step LF to L
- 3-4 Cross RF behind LF, Step LF to L
- 5&6 Cross RF over LF, Step LF to L, Cross RF over LF
- 7-8 Step LF to L, Take weight onto RF while turning ¼ L

[33-36] Coaster Step, Pivot Turn

- 1&2 Step LF back, Step RF next to LF, Step LF forward
- 3-4 Step RF forward, Pivot ½ over L shoulder

Note: Section A will always end on same side as it started. Section B is where wall switches will happen.

PHRASE B (48 Counts)

[1-8] Kick Ball Point x2, Cross, Back, Triple Step

- 1&2 Kick RF, Ball RF, Point LF to L
- 3&4 Kick LF, Ball LF, Point RF to R
- 5-6 Cross RF over LF, Step LF Back
- 7&8 Step RF to R w/ ¼ turn R, Step LF next to RF, Step RF forward

[9-16] Pivot Turn, Triple Step, Pivot Turns w/ Hip Rolls x2

- 1-2 Step LF forward, Pivot ½ over R shoulder
- 3&4 Step LF forward, Step RF next to LF, Step LF forward
- 5-6 Step RF forward, Pivot ¾ while rolling hips around

7-8 Step RF forward, Pivot 3/8 while rolling hips around

[17-24] Step Hitch x3, 1/2 Turn Jazz Box

1-2 Step RF forward, Hitch R knee while scooting LF forward

&3 Step RF down, Hitch R knee while scooting LF forward

&4 Step RF down, Hitch R knee while scooting LF forward

5-6 Cross RF over LF, Step LF to side with 1/4 turn R

7-8 Step RF to R w/ 1/4 turn R, Step LF forward (Note: Jazz Box should move you to your left, keeping you on the right side of your partner)

Styling Note: During Step Hitches (1-4), put right arm up and motion like you have a lasso.

[25-32] Pivot Turns x2, V-Step

1-2 Step RF forward, Pivot 1/2 over L shoulder

3-4 Step RF forward, Pivot 1/2 over L shoulder

5-6 Step RF diagonal R, Step LF to L

7-8 Step RF home, Step LF together

[33-40] Hip Bumps R, Hip Bumps L, Behind, Side, Cross Shuffle

1-2 Step RF to R while Bumping Hips to R x2

3-4 Bump Hips to L x2

5-6 Step RF behind LF, Step LF to L

7&8 Cross RF over LF, Step LF to L, Cross RF over LF

[41-48] Side Rock, Behind, Side, Cross, Point & Point & Heel & Heel

1-2 Rock LF to L, Recover RF

3&4 Step LF behind RF, Step RF to R, Cross LF over RF

5&6 Point RF to R, Ball RF next to LF, Point LF to L

&7 Ball LF next to RF, Touch R Heel forward,

&8& Ball RF next to LF, Touch L heel forward, Ball LF next to RF

Note: Section B will always lead into the beginning of section A

Last Update: 26 Jun 2023
