

I Love Rock N Roll

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Lidia Landon Michael (USA) - June 2023
音乐: I Love Rock n Roll (feat. Megan Rüger) - Moccasin Creek



Intro: hold 16 Counts.
NO TAGS! NO RESTARTS!

SECTION 1: WALK/ WALK/ STOMP/ TWIST TWIST/ COASTER STEP/ SIDE SHUFFLE

1-2 Walk forward R, Walk forward L
3&4 Stomp R, Twist R heel out & in
5&6 R coaster step (step back R step back L, step forward R)
7&8 L side shuffle (Step R to side, step together L, step R side)

SECTION 2: HEEL JACKS SINGLE, SINGLE, DOUBLE/ HEEL JACKS SINGLE, SINGLE, DOUBLE

1&2& Touch R heel front, step R foot next to L. Touch L heel front, step R foot next to L
3&4& Touch R heel front, R hitch across L, touch R heel front, step R foot next to L.
5&6& Touch L heel front, step L foot next to R. Touch R heel front, step R foot next to L
7&8 Touch L heel front, L hitch across R, touch R heel front

SECTION 3: L BALL CHANGE/ SIDE MAMBOS L/R /L

1-2 L Ball change (Rock back L, recover R)
3&4 L side mambo (Rock side L, recover R, step together L)
5&6 R side mambo (Rock side R, recover L, step together R)
7&8 L side mambo (Rock side L, recover R, step together L)

SECTION 4: STEP/ STEP ¼ L / DOUBLE HIP BUMP/ STEP ACROSS, POINT SIDE/ STEP ACROSS, POINT SIDE

1-2 Step forward R, step forward making ¼ turn to the L , (to 9:00)
3&4 Double hip bump R (touch R foot Forward with R hip up, drop R hip, lift R hip
5-6 Step R foot forward across L foot, point L foot side
7-8 Step L foot forward across R foot, point R foot side

Dance facing Wall 10 (9:00) ends after sections 1&2 . Leave L heel forward, turn upper body to face front, hands on hips.
