

# I Love Rock N Roll

**COPPER KNOB**  
STEPSHEETS

拍数: 32                      墙数: 4                      级数: Beginner  
编舞者: Lidia Landon Michael (USA) - June 2023  
音乐: I Love Rock n Roll (feat. Megan Rüger) - Moccasin Creek



Intro: hold 16 Counts.  
**NO TAGS! NO RESTARTS!**

## SECTION 1: WALK/ WALK/ STOMP/ TWIST TWIST/ COASTER STEP/ SIDE SHUFFLE

1-2                      Walk forward R, Walk forward L  
3&4                      Stomp R, Twist R heel out & in  
5&6                      R coaster step (step back R step back L, step forward R)  
7&8                      L side shuffle (Step R to side, step together L, step R side)

## SECTION 2: HEEL JACKS SINGLE, SINGLE, DOUBLE/ HEEL JACKS SINGLE, SINGLE, DOUBLE

1&2&                      Touch R heel front, step R foot next to L. Touch L heel front, step R foot next to L  
3&4&                      Touch R heel front, R hitch across L, touch R heel front, step R foot next to L.  
5&6&                      Touch L heel front, step L foot next to R. Touch R heel front, step R foot next to L  
7&8                      Touch L heel front, L hitch across R, touch R heel front

## SECTION 3: L BALL CHANGE/ SIDE MAMBOS L/R /L

1-2                      L Ball change (Rock back L, recover R)  
3&4                      L side mambo (Rock side L, recover R, step together L)  
5&6                      R side mambo (Rock side R, recover L, step together R)  
7&8                      L side mambo (Rock side L, recover R, step together L)

## SECTION 4: STEP/ STEP ¼ L / DOUBLE HIP BUMP/ STEP ACROSS, POINT SIDE/ STEP ACROSS, POINT SIDE

1-2                      Step forward R, step forward making ¼ turn to the L , ( to 9:00)  
3&4                      Double hip bump R ( touch R foot Forward with R hip up, drop R hip, lift R hip  
5-6                      Step R foot forward across L foot, point L foot side  
7-8                      Step L foot forward across R foot, point R foot side

**Dance facing Wall 10 (9:00) ends after sections 1&2 . Leave L heel forward, turn upper body to face front, hands on hips.**

---