

Rock Me Slowly

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4
编舞者: Gwen Walker (USA) - June 2023
音乐: Rock Me Gently - Andy Kim

级数: Easy Improver



#32 count Intro

*1 restart on wall 5 after 8 counts.

* 2 count tag after wall 11.

[1-8] R forward rock, R side Rock, R Sailor, ¼ L Sailor

1-4 Rock forward on R, recover L, Rock R to right side, Recover L

5&6 Step R behind L, step L to left side, step R to right side.

7&8 Step L ¼ turn to left behind R, step R to right side, step L to left side(9:00)

*****Restart here on wall 5*****

[9-16] R step ½ turn, Triple forward, L rocking chair

1-2 Step R forward turn ½ over left shoulder, switch weight to L (3:00)

3&4 Step R forward, step L next to R, step R forward.

5-8 Rock forward on L, recover R, rock back on L, recover R (3:00)

[17-24] L step ¼ turn right, L crossing Triple, R step hold, ball step, touch

1-2 Step L forward turn ¼ right, switch weight to R (6:00)

3&4 Cross step L over R, step R to right side, cross step L over R

5 6 & Step R to right side, Hold, ball step on L

7 8 Step on R to right side, touch L next to R

[25-32] L step , hold, ball step, L step , touch, R Rolling Vine ¼ turn

1 2 & Step L to left side, hold, step ball R next to L

3 4 Step L to left side, touch R beside L

5-8 Step R ¼ turn right, step L back ½ turn right, step R forward ½ turn right, step L forward(9:00)

TAG: 2 count tag after wall 11

Rock forward on R, Recover to L.

Start dance from beginning