

# Balada

拍数: 96      墙数: 1      级数: Phrased Intermediate  
编舞者: Bambang Satiyawan (INA) - June 2023  
音乐: Balada (Ao Vivo) - Gustavo Lima



Dance Sequence: A-B-C-A-B-A-A-B-C-A-B-A  
Start dance after: 48 Counts

## PART.A

### SECTION I. WALK-BOTA FOGO-BOTA FOGO TURN 1/4 LEFT-CROSS SHUFFLE

1 - 2      Facing 12.00 Walk RF, LF  
3&4      Cross RF over LF, Ball LF to side, Step RF in place  
5&6      Cross LF over RF, Ball RF to side by turning 1/4 left, Step LF in place  
7&8      Cross RF over LF, Step LF to side, Cross RF over LF

### SECTION II. SAMBA WHISK-VOLTA TURN 1/2 LEFT-VOLTA TURN 3/4 RIGHT

1&2      Step LF to side, Ball RF behind LF, Step LF in place  
3&4      Step RF to side, Ball LF behind RF, Step RF in place  
5&6      (Step LF, Ball RF, Step RF) by turning 1/ 2 left  
7&8      (Step RF, Ball LF, Step RF ) by turning 3/4 right

### SECTION III. DIAMOND

1&2      Cross LF over RF, Step RF to side, Turn 1/8 left Step LF back  
3&4      Step RF back, Turn 1/8 left Step LF to side, Turn 1/8 left Step RF forward  
5&6      Step LF forward, Turn 1/8 left Step RF to side, Turn 1/8 left Step LF back  
7&8      Step RF back, Turn 1/8 left Step LF to side, Turn 1/8 left Step RF forward (1.30)

### SECTION IV. BOTA FOGO-CLOSED-SIDE STOMP-HIP ROLL

1&2      Squaring to 12.00 Cross LF over RF, Ball RF to side, Step LF in place  
3&4      Cross RF over LF, Ball LF to side, Step RF in place  
&5-6      Close LF beside RF, Stomp RF to side, Hold  
7 - 8      Rolling HIP from left back right and left ending weight on LF

## PART.B

### SECTION I. SYNCOPATED LOCK STEP-ROCK RECOVER-BACK SHUFFLE

1&2&      Turn 1/8 left facing 10.30 Step RF forward, Lock LF behind RF, Step RF forward, Lock LF behind RF  
3&4      Step RF forward, Lock LF behind, Step RF forward  
5 - 6      Rock LF forward, Recover on RF  
7&8      Step LF back, Lock RF over LF, Step LF back

### SECTION II. BATUCADA-BACK ROCK RECOVER-PIVOT 1/2 LEFT WITH FLICK

&1&2      Step RF back, Touch LF forward, Step LF back, Touch RF forward  
&3&4      Step RF back, Touch LF forward, Step LF back, Touch RF forward  
5 - 6      Rock RF back, Recover on LF  
7 - 8      Step RF forward, Turn 1/2 left Step LF in place and Flick RF

### SECTION III. REPEAT SECTION I facing 4.30

### SECTION IV. BATUCADA-BACK ROCK RECOVER-PIVOT 1/2 LEFT

&1&2      Step RF back, Touch LF forward, Step LF back, Touch RF forward  
&3&4      Step RF back, Touch LF forward, Step LF back, Touch RF forward  
5 - 6      Rock RF back, Recover on LF

7 - 8 Step RF forward, Turn 1/2 left Step LF in place

**PART.C**

**SECTION I. FORWARD HEEL TOUCH-BESIDE TOUCH-LONG SIDE STEP WITH DRAG (RF-LF)**

1 - 2 Touch RF heel forward, Touch RF beside LF

3 - 4 Step RF long to side, Drag LF to RF

5 - 6 Touch LF heel forward, Touch LF beside RF

7 - 8 Step LF long to side, Drag RF to LF

**SECTION II. TOE STRUTH WITH TURN 1/2 LEFT-TOE STRUTH-V STEP**

1 - 2 Touch RF forward, Turning 1/2 left Step RF in place

3 - 4 Touch LF forward, Step LF in place

5 - 6 Step RF diagonal forward, Step LF diagonal forward

7 - 8 Step RF back hto center, Close LF beside RF

**SECTION III. REPEAT SECTION I**

**SECTION IV. REPEAT SECTION II**

Enjoy the dance,

Contact person: bambang.1709@gmail.com

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