

Hall Om Mig

COPPER **KNOB**
BY STEPHEN T. C.

拍数: 32 墙数: 4 级数: Beginner
编舞者: Ivy Tang (MY) - April 2023
音乐: Håll Om Mig - Nanne Grönvall



Intro: 24 Counts (App. 10 Seconds Into Track)

Sec 1: CROSS TOUCH BACK TOGETHER (R&L)

1-2-3-4 Cross RF Over LF(10:30), Touch L Toe behind RF, Step LF Back, Step RF Beside LF(12:00)
5-6-7-8 Cross LF Over LF(1:30), Touch R Toe behind LF, Step RF Back, Step LF Beside RF(12:00)

Sec 2: CROSS POINT (R&L) PADDLE ¼ L TURN x 2

1-2-3-4 Cross RF Over LF, Touch L Toe to L, Cross LF Over RF, Touch R Toe To R
5-6-7-8 Step RF Fwd, ¼ L Turn Recover On LF, Step RF Fwd, ¼ L Turn Recover on L LF (6:00)

Sec 3: HIP BUMPS x 4 (R&L)

1-2-3-4 Step RF to R With Hip Bump 4 Times
5-6-7-8 Step LF to L With Hip Bump 4 Times

Sec 4: STEP KICK STEP TOUCH ¼ L TURN STEP HEEL STEP BRUSH

1-2-3-4 Step RF Fwd, Kick LF Forward. Step LF Back, Touch R Toe Back.
5-6-7-8 Step RF to R, ¼ L Turn Touch L Heel Fwd, Step LF In Place, Brush RF Fwd.

Restart : During Wall 5, Dance until 12 Counts & Restart (12.00)

TAG: 4 Counts Tag After Wall 9 Facing 12.00

STOMP & HIP ROLL

1-2-3-4 Stomp RF to R(1) And Do A Hip Roll Anti Clock Wise (2 3 4)

.... Happy Dancing...
.... No Dancing No Life....

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