

Little Giddy Up

拍数: 48 墙数: 1 级数: Improver
编舞者: Roxanne Moates (AUS) - June 2023
音乐: Giddy Up! - Shania Twain : (Album: Queen of Me)



Danced to 2 walls due to restarts, 4 Restarts

Start: Weight on left, Start after 8 Counts

Please don't let the phrasing put you off. This is an improver dance that has lots of optional bits and pieces that can be added to increase the fun as dancers become more confident with the steps.

It's an awesome track and restarts speak for themselves!

Walk R, Walk L, R Coaster Forward, Back L, Back R, L Coaster Cross

1 2 Walk Fwd Right, Walk Fwd Left
3&4 Step Fwd Right, Step Left Tog, Step back Right
5 6 Walk back Left, Walk back Right
7&8 Step back Left, Step Right Tog, Cross Left over Right

Side R, Rock back L, Recover Fwd R, ¼ R, ¼ R, L Samba Cross, Cross R, Hold, Clap x2

& 1 2 Step Right to Right Side, Rock back Left, Recover Fwd Right
(Optional hand – brush hands down/up over thighs on the rock recover)
3 4 ¼ Right Step back Left, ¼ Right Step Right Side
5&6 Cross Left over Right, Rock Right to Right Side, Recover weight Side onto Left
(Optional hand – swing both arms out to the side and click fingers up and out to side)
7&8 Cross Right over Left, Hold - clap hands twice holding them up and out to the left 45

Side L, Drag R x2, Step Right Tog, Left Tog, Side R, Drag L x2, Step Left Tog, Step Right Tog.

1 2 3 Big Step Side on Left, Drag Right towards Left x 2 – extend both arms out like an airplane with left hand up high (optional – look right)
&4 Step Right Tog, Step Left Tog
5 6 7 Big Step Side on Right, Drag Left towards Left x 2 – extend both arms out like an airplane with right hand up high
(optional – look left)
&8 Step Left Tog, Step Right Tog.

Fwd L Rock back R, ½ Shuffle L, Rocking Chair Fwd Right, Back Left, Back Right, Fwd Left (Optional 2 x ½ pivot turns)

1 2 Rock Fwd Left, Recover back Right
3&4 ¼ L Step Left Side, Right Tog, ¼ L Step Left Fwd
5 6 Rock Fwd Right, Rock Back Left, (option ½ pivot on R)
7 8 Rock Back Right, Rock Fwd Left (option ½ pivot on R)

Hips R, L, R, Hips L, R, L, ¼ R Box Step, Step Slightly Fwd, L, R

1&2 Bump Hips Right, Left, Right
3&4 Bump Hips Left, Right, Left
5 6 7 Cross Right over Left, Step back Left, ¼ R Fwd Right
&8 Step slightly Fwd Left, Step Slightly Fwd Right

Hips L, R, L, Hips R, L, R, ¼ L Box Step, Rock Slightly Fwd R, Rock Back L Hitching R

1&2 Bump Hips Left, Right, Left
3&4 Bump Hips Right, Left, Right
5 6 7 Cross Left over Right, Step back Right, ¼ L Fwd Left

&8 Rock Slightly Fwd Right, Rock Back L Hitching Right (option - complete a lasso movement with Right hand)

START DANCE AGAIN – Enjoy!!

Restart

Wall 2: Dance up to Count 24, touching Right beside Left – restart facing back wall

Wall 4: Dance up to Count 24, touching Right beside Left – restart facing front wall

Wall 5: Dance up to Count 32 – restart – facing front wall

Wall 6: Dance up to Count 36 – restart – facing front wall

Finish

Wall 8: Dance up to Count 8 finishing with Left crossed over Right – facing front wall
