Born to Strut



编舞者: LaJoyce Kerns (USA) - 10 May 2023 音乐: Joy To the World - Three Dog Night



#16+16 in

ROCK RIGHT, RECOVER, TOGETHER HOLD, ROCK LEFT, RECOVER TOGETHER, HOLD

1-4 Rock Right, recover on left, step together, hold 5-8 Rock left, recover on right, step together, hold

ROCK BACK ON RIGHT, RECOVER ON LEFT STEP HOLD, PIVOT 1/4 RIGHT, CROSS HOLD 3:00

1-4 Rock back on right, recover on left, step fwd on right, Hold

5-8 Step forward on left, pivot 1/4 right, step on left across right, hold 3:00

RIGHT STRUT, CROSS STRUT, RIGHT STRUT, CROSS STRUT

1-4 Strut right to side, cross strut left over right5-8 strut right to side, cross strut left over right

ROCK RIGHT, RECOVER ON LEFT, 4 COUNT WEAVE STOMP RIGHT TWICE

Rock right to right, recover on left, cross right over left, step left to left Step right behind left, step left to left, stomp up 2 times on right.

Submitted by Pat Newell, choreographed by LaJoyce Kerns 5-10-23

DANCE FOR THE HEALTH OF IT