

Don't Stop

拍数: 32 墙数: 4 级数: Beginner
编舞者: Bryan Hancock (AUS) - June 2023
音乐: Don't Stop - Fleetwood Mac



Intro: 16 counts from heavy beat – start just before vocals.

****2 Restarts. ** Walls 3 & 7 start facing 6 o'clock after 16 counts restart facing 3 o'clock.**

(1-8) Step right, tap left, Step left, tap (or scuff) right, Cross rock recover, Side shuffle.

1-2-3-4 Step RF to side, Tap left next to RF, Step LF to side, Tap (or scuff) RF next to LF.

5-6 Cross RF over LF, Replace weight back on LF.

7&8 Step RF to side, Slide LF next to RF, Step RF to side. 12.00

(9-16) Cross point, Behind point, Cross rock recover, Shuffle ¼ turn left.

1-2-3-4 Cross LF over RF, Point right toe to side, Step RF behind LF, Point left toe to side.

5-6 Cross LF over RF, Replace weight back on RF

7&8 Step LF to side, Slide RF next to LF, ¼ turn left step LF forward. 9.00

**** Restart Here**

(17-24) Rock forward replace, Shuffle back, Rock back recover, Shuffle forward.

Option Pivot ½ turn left, ½ turn shuffle left, Back recover, Shuffle forward.

1-2 Step forward RF, Replace weight back on LF.

3&4 Step RF back, Slide LF next to RF, Step RF back.

5-6 Rock LF back, Replace weight RF.

7&8 Step forward LF, Slide RF next to LF, Step forward LF. 9.00

(25-32) V step, Rocking chair

1-2-3-4 Step forward 45 RF, Step forward 45 LF, Step back RF, Step back LF.

5-6-7-8 Step forward RF, Step back LF, Step back RF, Step forward LF. 9.00

Enjoy

Last Update: 27 Jun 2023