

Sally's Cha

COPPERKNOB
BY STEPHEN

拍数: 48 墙数: 4 级数: Beginner
编舞者: Cat So (AUS)
音乐: Cha Cha Cha - Sally Yeh



Intro dance:

[Sec 1] Step, lock, cha cha forward R and L

- 1,2,3&4 Step right diagonal with right foot (1), lock left foot behind right foot (2), forward with right foot (3), lock left foot behind right foot (&), forward with right foot (4)
- 5,6,7&8 Step left diagonal with left foot (5), lock right foot behind left foot (6), forward with left foot (7), lock right foot behind left foot (&), forward with left foot (8)

[Sec 2] Repeat Sec 1 ending 12 o'clock

Main dance:

[Sec 1] Out out in in, cha cha forward R and L

- 1,2,3,4 Step out with right foot (1), step out with left foot (2), step back with right foot (3), step left foot beside right foot (4)
- 5&6,7&8 Forward with right foot (5), lock left foot behind right foot (&), forward with right foot (6), forward with left foot (7), lock right foot behind left foot (&), forward with left foot (8) ending 12 o'clock

[Sec 2] Forward rock, ½ turn cha cha, pivot ¼ turn, cross shuffle

- 1,2,3&4 Rock forward with right foot (1), recover weight to left foot (2), ½ turn to the right stepping right foot forward (3), together with left foot (&), forward with right foot (4)
- 5,6,7&8 Forward with left foot (5), ¼ turn to the right with right foot (6), cross with left foot (7), together with right foot (&), cross with left foot (8) ending 9 o'clock

Restart here on wall 3 facing 3 o'clock and wall 8 facing 9 o'clock

[Sec 3] Side, hold, together, side, cross rock, ¼ turn, pivot ¼ turn

- 1,2&3,4 Side with right foot (1), hold (2), together with left foot (&), side with right foot (3), cross with left foot (4)
- 5,6,7,8 Recover weight to right foot (5), ¼ turn to the left stepping left foot forward (6), forward with right foot (7), pivot ¼ turn to the left with left foot (8) ending 3 o'clock

[Sec 4] Cross, side, cross shuffle, side rock, sailor step

- 1,2,3&4 Cross with right foot (1), side with left foot (2), cross with right foot (3), side with left foot (&), cross with right foot (4)
- 5,6,7&8 Side rock with left foot (5), recover weight to right foot (6), behind with left foot (7), side with right foot (&), side with left foot (8) ending 3 o'clock

Happy dancing!

Contact: Winchun168@hotmail.com