

Alabama Nights

COPPER KNOB
BYEFOOTETS

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Jo Boocock (NZ) & Bex Roper (NZ) - March 2023
音乐: Alabama Nights - Tiera Kennedy



#16 ct intro 1 Restart

R Sugar Step, L Rocking Chair, L Sugar Cross, Side, Drag

1&2 3&4& Touch R Toe by left instep, Touch R Heel L by instep, Stomp R fwd, Rock L fwd, Rec on R, Rock L back, Rec on R

5&6 7 8 Touch L Toe by right instep, Scuff L Heel, Cross L over R, Big Step R to Right, Drag L by R (weight on L)

*2 Heel digs, 2 Toe Taps behind, scuff into 1/4 L Shuffle, R Fwd, Close

1&2&3&4& R heel dig, close, L heel dig, close, Tap R toe behind L, Step R by L, Tap L Toe behind R, L scuff into 1/4 left [9:00],

5&6 7 8 Step L fwd, Step R by L, Step L fwd, Step R Fwd, Step L by R

*Restart here on wall 3

Twist R, Twist L, R Scissor Fwd, L Scissor Fwd,

1&2 3&4 Swivel heels right, Swivel toes right, Swivel heels right, Swivel heels left, Swivel toes left, Swivel heels left

5&6 7&8 Step R to right, Step L halfway by R, Step R fwd crossing over L, Step L to left, Step R halfway by L, Step L fwd crossing L over R

Step R to right, Hitch L making a 1/4 left, 1/4 left Shuffle, Mambo Fwd, Coaster Step

1 2 3&4 Step R to right, Hitch L Knee doing a 1/4 left [6:00], Step into 1/4 left [3:00], Step R by L, Step L fwd

5&6 7&8 Rock R fwd, Recover on L, Close, Step L back, Step R by Left, Step L fwd

Restart wall 3 (facing 3:00) after 16 counts

Ending after 32 counts make a 1/2 right to face front