Stray Cat Strut



拍数: 48 墙数: 4 级数: High Beginner

编舞者: Jessica Reeve (AUS) - June 2023

音乐: Stray Cat Strut - Stray Cats



INTRODUCTION: 16 COUNTS

TOE STRUT	TOE STRUT	. Jazz Box

1,2	STEP R TOE FORWARD, PUT R HEEL ON THE GROUND
3,4	STEP L TOE FORWARD, PUT L HEEL ON THE GROUND

5,6 CROSS RF OVER LF, STEP BACK ON LF

7,8 STEP RF TO RIGHT SIDE, STEP LF SLIGHTLY FORWARD

SHUFFLE FORWARD, ROCK FORWARD, RECOVER, SHUFFLE BACK, ROCK BACK, RECOVER

9,a,10	STEP RF FORWARD, BRING LF TOGETHER, STEP RF FORWARD
11,12	ROCK STEP FORWARD ON LF, RECOVER BACK STEP ON RF
13 a 14	STEP LE BACK STEP RE TOGETHER STEP LE BACK

15,16 ROCK BACK STEP ON LF, RECOVER FORWARD STEP ON RF

HEEL DIG 1/4 TURN RIGHT, COASTER STEP, STEP HALF TURN, SHUFFLE HALF TURN

17,18	STEP R HEEL TO FRONT, KEEP HEEL TO GROUND AND SWIVEL 1/4 TURN
19,a,20	STEP BACK ON RF, BRING LF TOGETHER, STEP FORWARD ON RF
21,22	STEP LF FORWARD AND ½ TURN OVER LEFT SHOULDER, STEP BACK RF
23,a,24	STEP LF TO SIDE, WHILST TURNING ½ TURN BRING RF TOGETHER, STEP LF FORWARD

TWO V STEPS

25,26	STEP RF FORWARD AND OUT TO RIGHT SIDE, STEP LF FORWARD AND OUT TO LEFT SIDE
27,28	STEP RF BACK AND TO CENTRAL, STEP LF BACK AND TOGETHER TO RF
29,30	STEP RF FORWARD AND OUT TO RIGHT SIDE, STEP LF FORWARD AND OUT TO LEFT SIDE
31,32	STEP RF BACK AND TO CENTRAL, STEP LF BACK AND TOGETHER TO RF

SIDE TOE STRUT, CROSS TOE STRUT, SCISSOR, HOLD

33,34	TURN BODY 45 Degrees WHILE STEPPING R TOE TO SIDE, PUT R HEEL ON GROUND
35,36	STEP L TOE IN FRONT OF RF (WITH BODY ON SAME ANGLE), PUT L HEEL ON GROUND
37,38	BRING BODY BACK TO CENTRAL WHILE YOU ROCK STEP RF TO RIGHT SIDE, STEP BACK ONTO LF AND RECOVER WEIGHT
39,40	CROSS RF OVER LF FOOT AND HOLD

LEFT VINE INTO DRAG, PADDLE 1/4 TURN, PADDLE 1/4 TURN

41,42	STEP LF TO THE LEFT SIDE, CROSS RF BEHIND LF
43,44	STEP LF TO THE LEFT SIDE, DRAG RF TOGETHER TO LF (KEEP WEIGHT ON LF)
45,46	STEP FORWARD ON R TOE AND SWIVEL BODY 1/4 TURN
47,48	STEP FORWARD ON R TOE AND SWIVEL BODY 1/4 TURN

REPEAT

THERE IS A RESTART ON WALL 4. COMPLETE COUNTS 25 THROUGH 32 (2 V STEPS) AND THEN RESTART.

Last Update: 31 Oct 2023