BReaK My HoPe



拍数: 32 编数: 4 级数: Beginner / Improver

编舞者: Andrico Yusran (INA) - June 2023

音乐: Loneliness - Putri Ariani



TAG: 8 counts after wall 2

Start dance after intro music 8 counts [on lyrics]

S1. *FORWARD with Sweep [R-L] - DIAMOND 1/4 TURN R - LOCK SHUFFLE FORWARD*

1-2 Step R forward with L sweep from back to front , L forward with R sweep from back to front

3&4 R cross over L , L to side , R back 1/8 turn to R 5&6 L back , R 1/8 turn to R , L forward (3.00) R forward , L lock behind R , R forward

S2. *FORWARD ROCK - BACK - BACK with sweep - CROSS BEHIND - SIDE - CROSS ROCK - SIDE - CROSS SIDE SYNCOPATED*

1-2-& Step L forward , recover on R , L back

3-4-& R back with L sweep from front to back, L cross behind R, R to side

5-6-& L cross over R - recover on R, L side

7&8& R cross over L - L to side, R cross behind R, L side

S3. *CROSS ROCK - SIDE - CROSS - NC BASIC*

1-2-& Step R cross over L, recover on R, R to side

3 L cross over R

4-5-& R slightly to side , L close behind R , R cross over L L slightly to side , R close behind R , L cross over R

8 R slightly to side

S4. *BACK - ROCK - RECOVER - PIVOT 1/2 TURN L SYNCOPATED - ROCK RECOVER - BACK - BACK - HOOK*

1-2-3 Step L back , R back , Recover On L [weight on L] 4&5& R forward , 1/2 turn to L , R forward , 1/2 turn to L in place

6&7 R forward , recover on L , R back

&-8 L back, R heel bend over L

Start again!

TAG 8 COUNTS

BASIC NC - SWAY [R-L-R-L]

1-2-& R slightly to side , L close behind R , R cross over L3-4-& L slightly to side , R close behind L , L cross over R

5-8 Making hip sway to R L R L [weight On L)

Start Again and Enjoyed!

Dancing with YOUR Heart □

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