

BReaK My HoPe

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4
编舞者: Andrico Yusran (INA) - June 2023
音乐: Loneliness - Putri Ariani

级数: Beginner / Improver



TAG : 8 counts after wall 2

Start dance after intro music 8 counts [on lyrics]

S1. *FORWARD with Sweep [R-L] - DIAMOND 1/4 TURN R - LOCK SHUFFLE FORWARD*

1-2 Step R forward with L sweep from back to front , L forward with R sweep from back to front
3&4 R cross over L , L to side , R back 1/8 turn to R
5&6 L back , R 1/8 turn to R , L forward (3.00)
7&8 R forward , L lock behind R , R forward

S2. *FORWARD ROCK - BACK - BACK with sweep - CROSS BEHIND - SIDE - CROSS ROCK - SIDE - CROSS SIDE SYNCOPATED*

1-2-& Step L forward , recover on R , L back
3-4-& R back with L sweep from front to back , L cross behind R , R to side
5-6-& L cross over R - recover on R , L side
7&8& R cross over L - L to side , R cross behind R , L side

S3. *CROSS ROCK - SIDE - CROSS - NC BASIC*

1-2-& Step R cross over L , recover on R , R to side
3 L cross over R
4-5-& R slightly to side , L close behind R , R cross over L
6-7-& L slightly to side , R close behind R , L cross over R
8 R slightly to side

S4. *BACK - ROCK - RECOVER - PIVOT 1/2 TURN L SYNCOPATED - ROCK RECOVER - BACK - BACK - HOOK*

1-2-3 Step L back , R back , Recover On L [weight on L]
4&5& R forward , 1/2 turn to L , R forward , 1/2 turn to L in place
6&7 R forward , recover on L , R back
&-8 L back , R heel bend over L

Start again !

TAG 8 COUNTS

BASIC NC - SWAY [R-L-R-L]

1-2-& R slightly to side , L close behind R , R cross over L
3-4-& L slightly to side , R close behind L , L cross over R
5-8 Making hip sway to R L R L [weight On L)

Start Again and Enjoyed !

Dancing with YOUR Heart ☐

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