

Slow Rider

COPPERKNOB
BYEPOSTETS

拍数: 48
编舞者: Myra Harrold (SCO) - June 2023
音乐: Horses & Weed - Ian Munsick

墙数: 4

级数: Beginner Waltz



INTRO:24 COUNTS 1 RESTART ON WALL 7

SECT:1. BASIC WALTZ FWD,BASIC WALTZ BACK

1,2,3,4,5,6. LF FWD,CLOSE RF TO LF,CLOSE LF TO RF,RF BACK,CLOSE LF TO RF,CLOSE RF TO LF (12)

SECT:2. WEAVE R,SIDE STEP DRAG

1,2,3,4,5,6. CROSS LF OVER RF,RF TO R,LF BEHIND RF,RF BIG STEP R,DRAG LF TO RF (12)

SECT:3 CROSS ROCK,WEAVE L

1,2,3,4,5,6. ROCK LF OVER RF,RECOVER WEIGHT TO RF,LF TO L,CROSS RF OVER LF,LF TO L,RF BEHIND LF(12)

SECT:4. SIDE STEP DRAG,CROSS ROCK

1,2,3,4,5,6 LF BIG STEP L,DRAG RF TO LF,ROCK RF OVER LF.RECOVER WEIGHT TO LF,RF TO R. (12)***

SECT:5. WEAVE ¼,BACK BASIC WALTZ

1,2,3,4,5,6. CROSS LF OVER RF,PIVOT ¼ L,RF BACK,LF BACK,RF BACK,CLOSE LF TO RF,CLOSE RF TO LF (9)

RESTART HERE ON WALL 7 FACING 3 O.CLOCK

SECT:6. CROSS TWINKLE,CROSS TWINKLE

1,2,3,4,5,6. CROSS LF OVER RF,RF TO R,CLOSE LF TO RF TURNING SLIGHT DIAG. L,CROSS RF OVER LF,LF TO

L,CLOSE RF TO LF TURNING SLIGHT DIAG. R. (9)

SECT:7. BASIC WALTZ FWD,1/2 REVERSE TURN

1,2,3,4,5,6. LF FWD,CLOSE RF TO LF,CLOSE LF TO RF,RF BACK,PIVOT ½ L,LF FWD,RF FWD. (3)

SECT:8. BASIC WALTZ FWD,BACK,POINT,HOLD

1,2,3,4,5,6 LF FWD,CLOSE RF TO LF,CLOSE LF TO RF,RF BACK,POINT LF TO L,HOLD. (3)

***THIS WALTZ CAN BE ADAPTED FOR A/B DANCERS.AFTER 23 COUNTS TURN ¼ R ON RF ***