

Slow Low

拍数: 32 墙数: 2 级数: Improver
编舞者: Dongsook Kim (KOR) - June 2023
音乐: Slow Low - Jason Derulo



Intro : 16 Counts

***3 Tags !!

*1st Tag(12C): Tag1+ Tag2, After 2W, facing 12:00

*2nd Tag(4C): Tag2, After 3W, facing 6:00

*3rd Tag(12C): Tag1 + Tag2, After 5W, facing 6:00

Sec 1: SIDE ROCK, RECOVER, WEAVE, SIDE ROCK, RECOVER, WEAVE

1 - 2 Rock RF side to R(1), recover on LF(2)
3 & 4 Cross RF behind LF(3), side LF to L(&), cross RF over LF(4)
5 - 6 Rock RF side to R(5), recover on LF(6)
7 & 8 Cross LF behind RF(7), side RF to R(&), cross LF over RF(8)

Sec 2: FWD ROCK, RECOVER, COASTER, FWD ROCK, RECOVER, SAILOR ½ L

1 - 2 Rock RF forward(1), recover on LF(2)
3&4 Step RF back(3), step LF beside RF(&), step RF forward(4)
5 - 6 Rock LF forward(5), recover on RF(6)
7&8 Turn ¼ L cross LF behind RF(7), turn ¼ L step RF beside LF(&), step LF forward(8) 6:00

Sec 3: PADDLE ½ L, VAUDEVILLE STEP R & L

1 - 2 Turn ⅛ left pointing R to right(1), turn ⅛ left pointing R to right(2)
3 - 4 Turn ⅛ left pointing R to right(3), turn ⅛ left pointing R to right(4) 12.00
5&6& Cross RF over LF(5), step LF side to L(&), touch RF heel forward R diagonal(6), step RF beside LF(&)
7&8& Cross LF over RF(7), step RF side to R(&), touch LF heel forward L diagonal(8), step LF beside RF(&)

Sec 4: SYNCOPATED ROCK R & L, PIVOT ½ L, WALK, WALK

1 - 2& Rock cross RF over LF(1), recover on LF(2), step RF ball beside LF(&)
3-4& Rock cross LF over RF(3), recover on RF(4), step LF ball beside RF(&)
5-6 Step RF forward(5), turn ½ L weight on LF(6) 6.00
7-8 Step RF forward(7), step LF forward(8)

* Tag 1(8C) is same the Sec 1

1 - 2 Rock RF side to R(1), recover on LF(2)
3&4 Cross RF behind LF(3), side LF to L(&), cross RF over LF(4)
5 - 6 Rock RF side to R(1), recover on LF(2)
7 & 8 Cross RF behind LF(3), side LF to L(&), cross RF over LF(4)

* Tag 2(4C) - Rocking Chair

- 4 Rock RF forward(1), recover on LF(2), Rock RF back(3), recover on LF(4)

Enjoy your dance~!!

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