

Moving with the Wind

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Diana Oglesby (USA) - June 2023
音乐: Gone With the Wind - Raleigh Keegan



Intro: 16 Counts, start with weight on L - No Tags, No Restarts

S1 (1-8) R HEEL GRIND, R OVER, HITCH L, TOUCH L, L FWD, TOUCH R, ¼ R TURNING SAILOR

1-2-3&4 R heel grind over 2 counts (1-2), cross R over (3), hitch L forward (&), touch L side (4)

5-6-7&8 Step L in front of R (5), touch R side (6), cross R behind and turn ¼ R (7), step L side (&),
step R side (8) (3:00)

S2 (9-16) L FWD AND SWIVEL HEEL L-CENTER-L-CENTER, STEP BACK WITH SMALL HEEL GRINDS L-R-L, L BACK COASTER

1&2&3-4 Step L in front of R (1) swivel heels to L (&), swivel heels to center (2), swivel heels to L (&),
step L back (3), step R back and small heel grind with L (4)

5-6-7&8 Step L back and small heel grind with R (5), step R back and small heel grind with L (6), step
L back (7), step R together (&), step L forward (8)

S3 (17-24) R FWD, LOCK L BEHIND, R FWD, LOCK L BEHIND, R FWD, L FWD, TURN ½ R, L FWD MAMBO

1-2-3&4 Step R forward (1), lock L behind (2), step R forward (3), lock L behind (&), step R forward (4)

5-6-7&8 Step L forward (5), turn ½ R and step R forward (6), rock L forward (7), recover to R (&), step
L together (8) (9:00)

S4 (25-32) R BACK MAMBO, L FWD SHUFFLE, R FWD, TOUCH L, L BACK, KICK R, R BACK, TOUCH L, L FWD, TOUCH R

1&2-3&4 Rock R back (1), recover to L (&), step R together (2), step L forward (3), step R together (&),
step L forward (4)

5&6&7&8 Step R forward (5), touch L behind (&), step L back (6), low-kick R forward (&), step R back
(7), touch L forward (&), step L forward (8), touch R together (&)

REPEAT

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